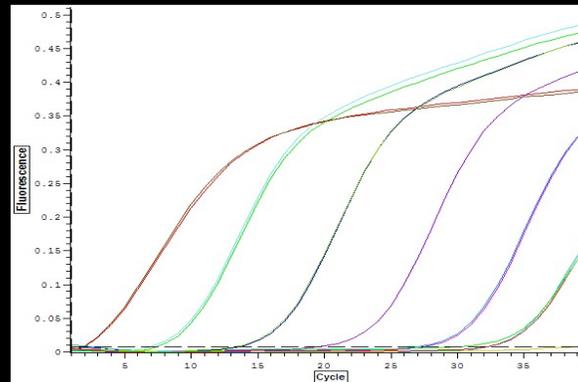




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**BIO-RAD**

**Professional Development**



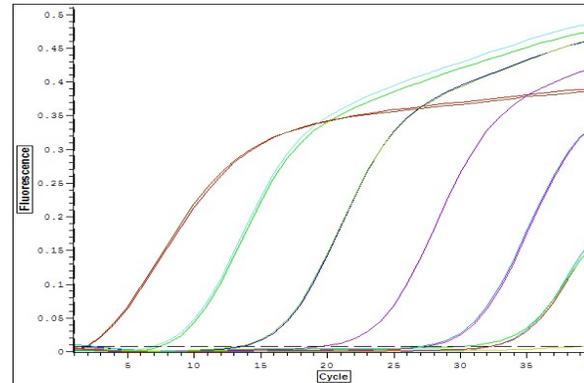
## Real-Time PCR

**David A. Palmer, Ph.D.**  
**Technical Support, Bio-Rad Laboratories**  
**Adjunct Professor, Contra Costa College**

## Objectives

This presentation will cover the following topics:

- What is real-time PCR used for?
- How does real-time PCR work?
- What instruments are used?
- What does real-time data look like?
- How can the Crime Scene Investigator kit be used in a real-time setting?



## Part 1:

What is Real-Time PCR and what is it used for?

## What is Real-Time PCR?

The Polymerase Chain Reaction (PCR) is a process for the amplification of specific fragments of DNA.

Real-Time PCR a specialized technique that allows a PCR reaction to be visualized “in real time” as the reaction progresses.

As we will see, Real-Time PCR allows us to measure minute amounts of DNA sequences in a sample!

## What is Real-Time PCR used for?

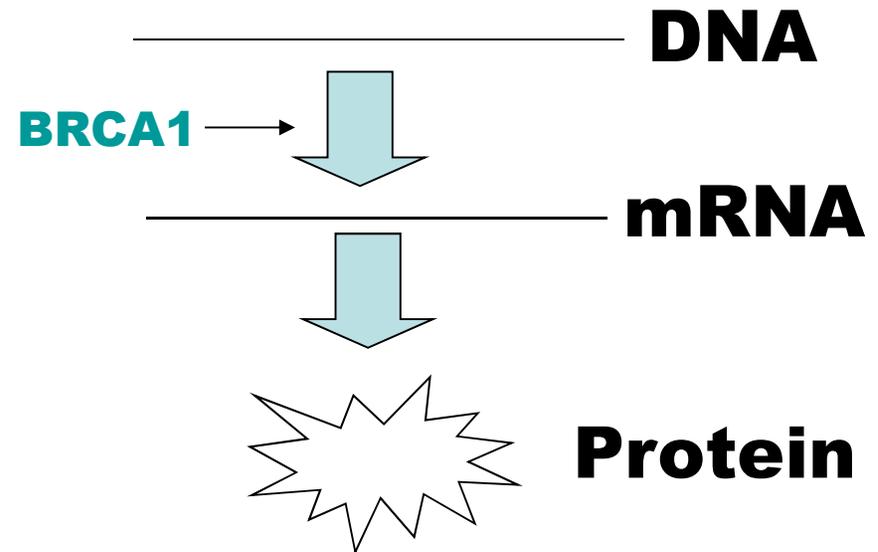
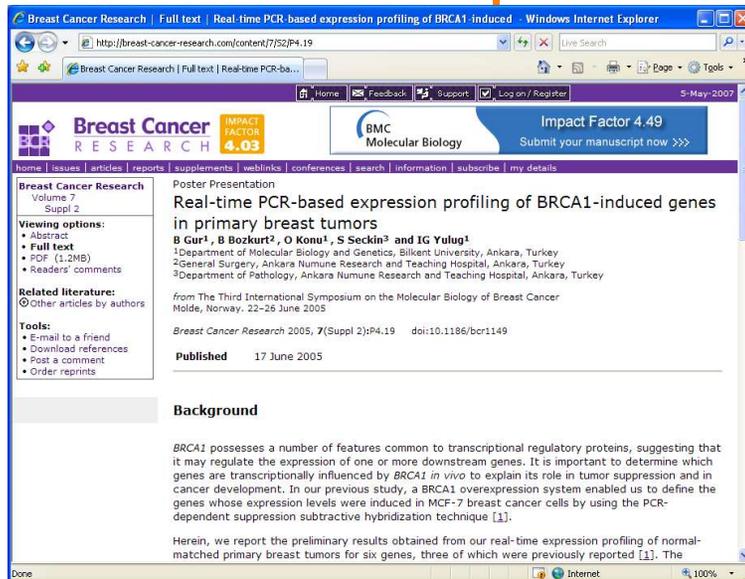
Real-Time PCR has become a cornerstone of molecular biology:

- **Gene expression analysis**
  - Cancer research
  - Drug research
- **Disease diagnosis and management**
  - Viral quantification
- **Food testing**
  - Percent GMO food
- **Animal and plant breeding**
  - Gene copy number

# Real-Time PCR in Gene Expression Analysis

## Example: BRCA1 Expression Profiling

BRCA1 is a gene involved in tumor suppression. BRCA1 controls the expression of other genes. In order to monitor level of expression of BRCA1, real-time PCR is used.

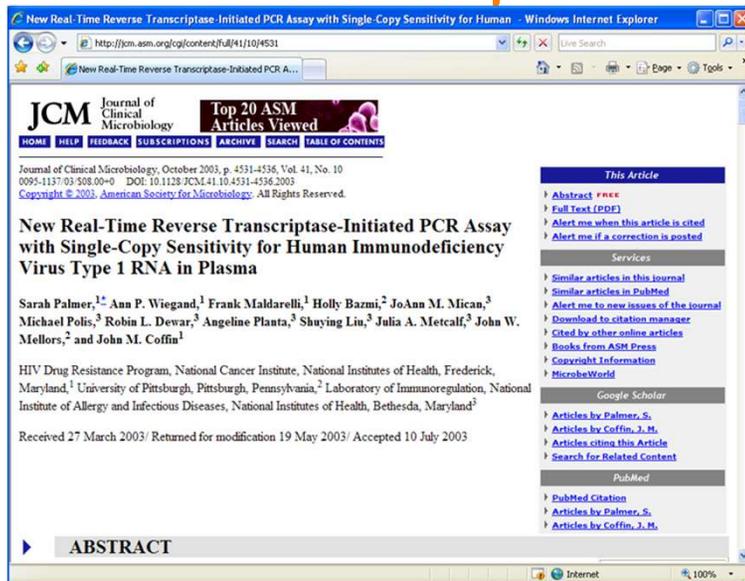


# Real-Time PCR in Disease Management

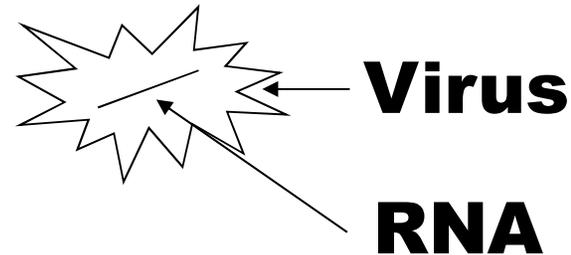
## Example: HIV Treatment

Drug treatment for HIV infection often depends on monitoring the “viral load”.

Real-Time PCR allows for direct measurement of the amount of the virus RNA in the patient.



The screenshot shows a web browser window displaying a scientific article page. The browser title is "New Real-Time Reverse Transcriptase-Initiated PCR Assay with Single-Copy Sensitivity for Human Immunodeficiency Virus Type 1 RNA in Plasma". The URL is "http://jcm.asm.org/cgi/content/full/41/10/4531". The page header includes "JCM Journal of Clinical Microbiology" and "Top 20 ASM Articles Viewed". The article title is "New Real-Time Reverse Transcriptase-Initiated PCR Assay with Single-Copy Sensitivity for Human Immunodeficiency Virus Type 1 RNA in Plasma". The authors listed are Sarah Palmer, Ann P. Wiegand, Frank Maldarelli, Holly Bazmi, JoAnn M. Mican, Michael Polis, Robin L. Dewar, Angeline Planta, Shuying Liu, Julia A. Metcalf, John W. Mellors, and John M. Coffin. The article is from the Journal of Clinical Microbiology, October 2003, p. 4531-4536, Vol. 41, No. 10. The abstract section is partially visible at the bottom of the page.

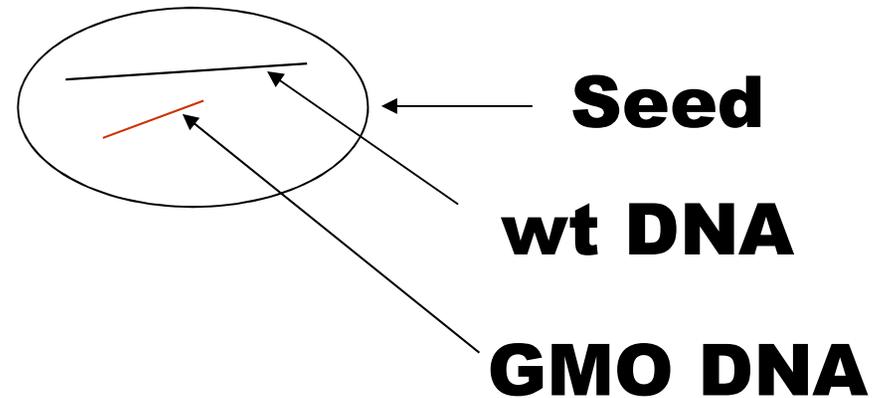
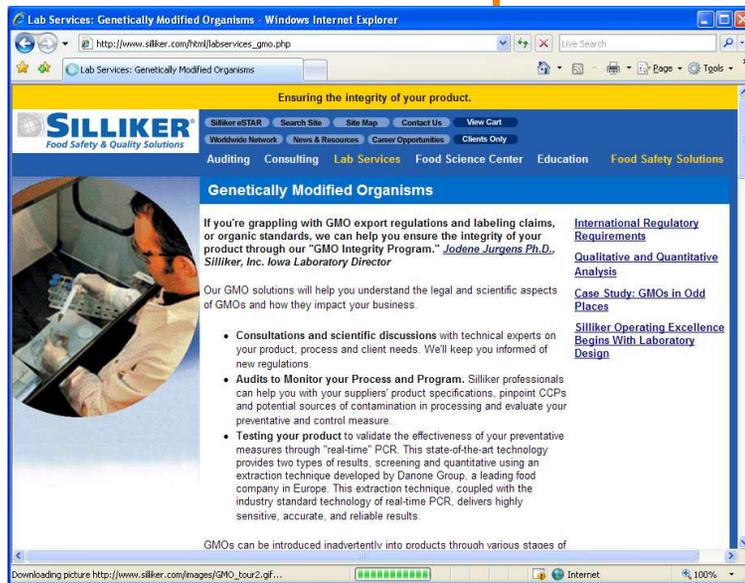


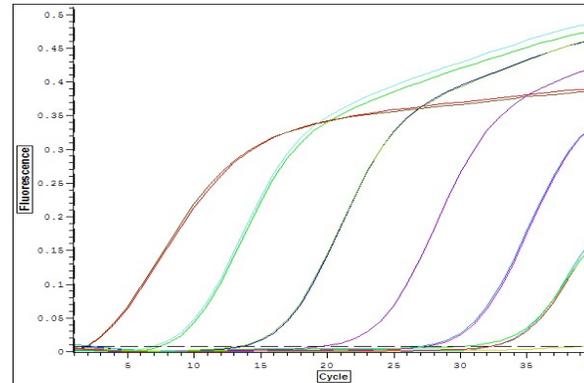
# Real-Time PCR in Food Testing

**Example: Determining percentage of GMO food content**

**Determination of percent GMO food content important for import / export regulations.**

**Labs use Real-Time PCR to measure amount of transgenic versus wild-type DNA.**





Part 2:

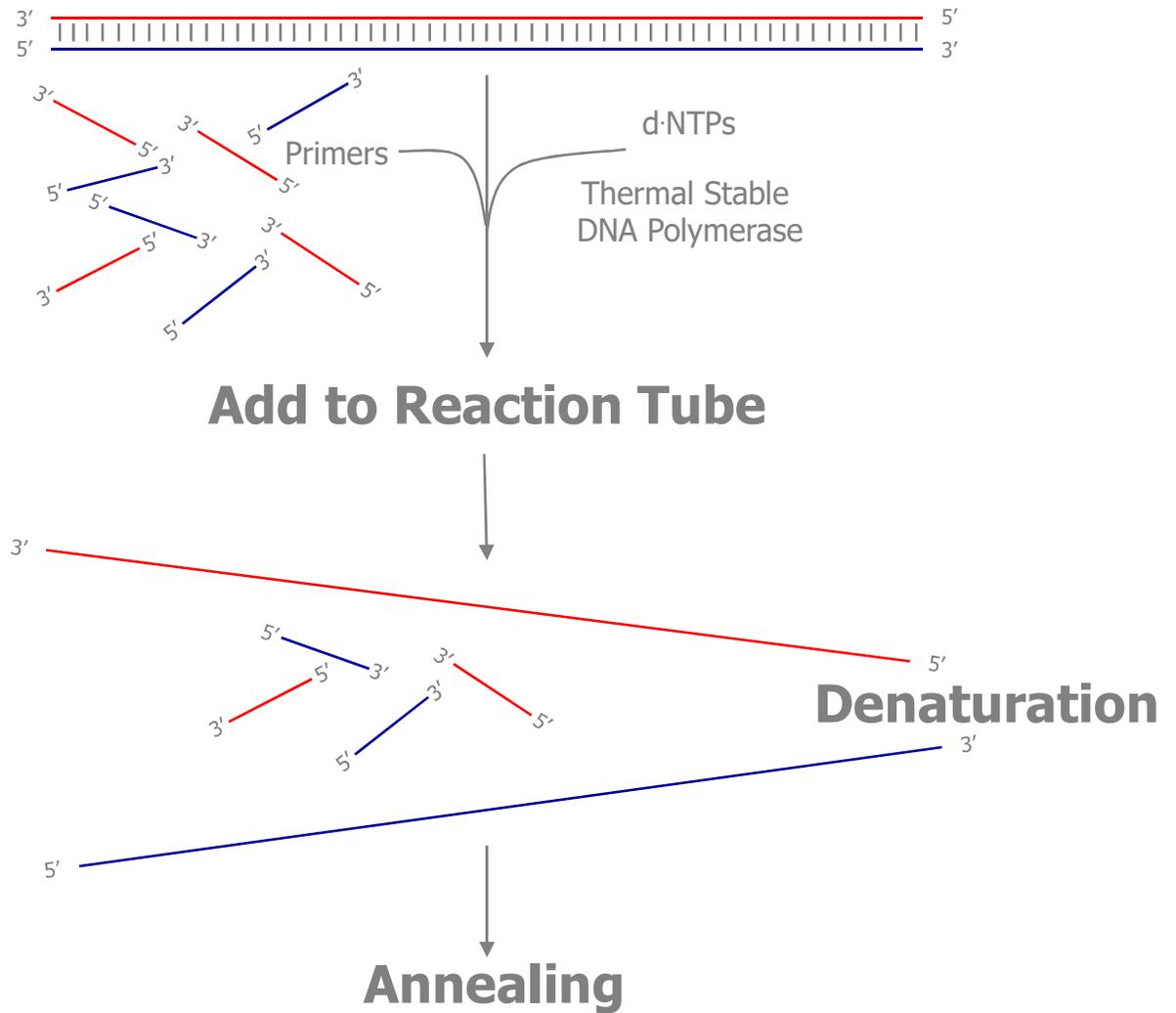
How does Real-Time PCR work?

## How does real-time PCR work?

To best understand what real-time PCR is, let's review how regular PCR works...

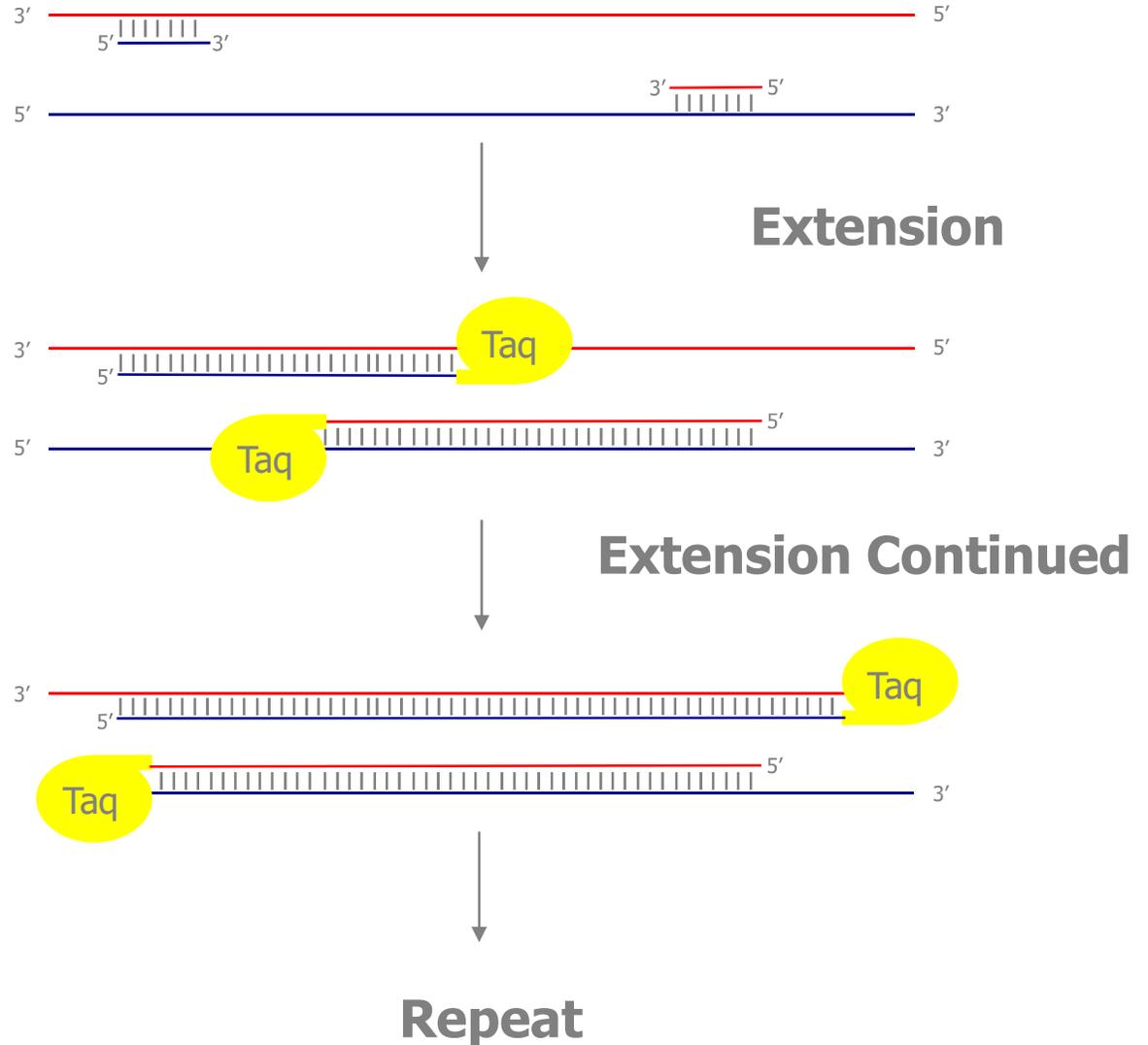
# The Polymerase Chain Reaction

## How does PCR work??



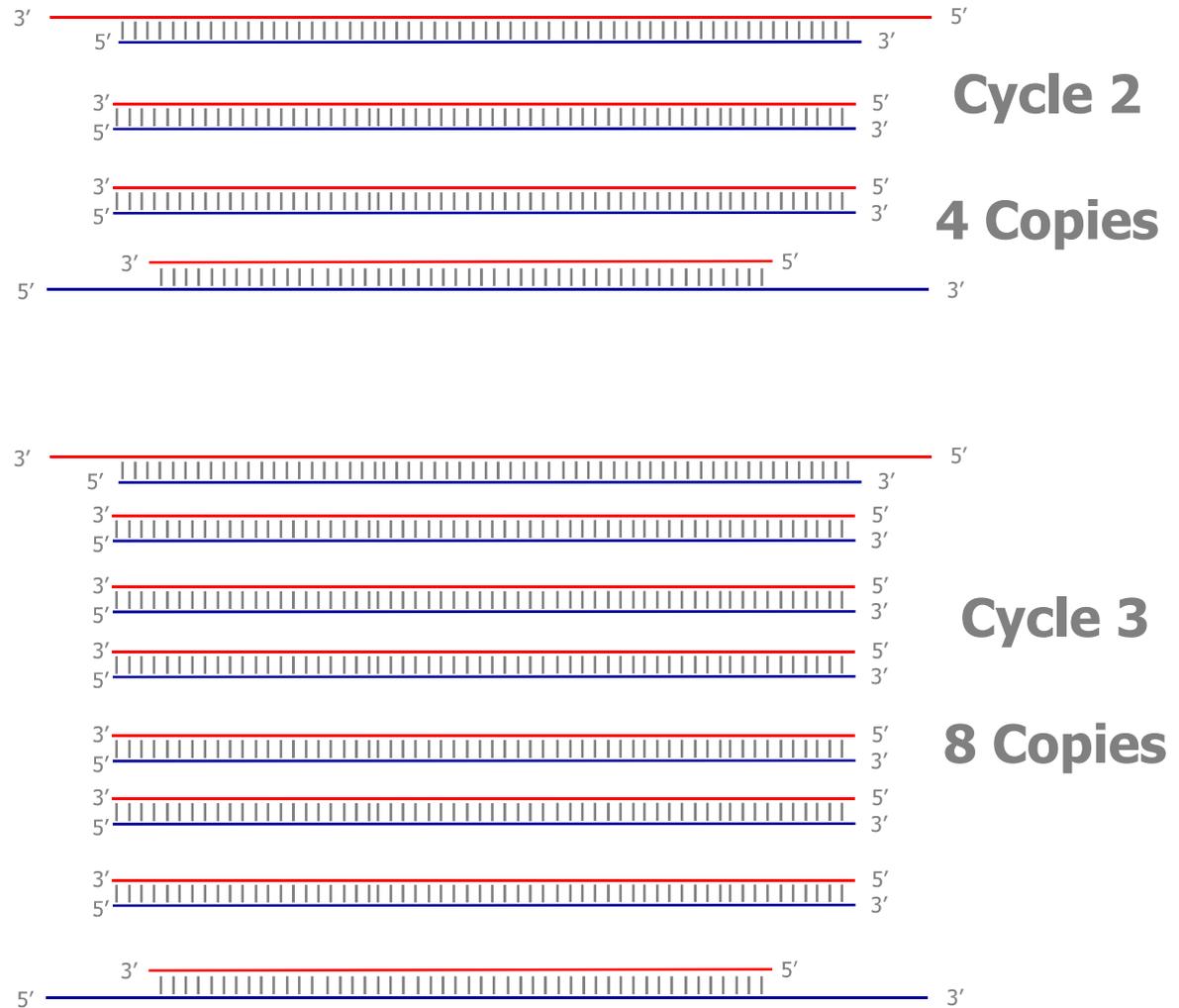
# The Polymerase Chain Reaction

## How does PCR work??



# The Polymerase Chain Reaction

## How does PCR work??



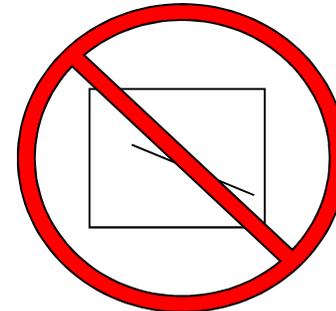
## How does Real-Time PCR work?

...So that's how **traditional** PCR is usually presented.

In order to understand **real-time** PCR, let's use a "thought experiment", and save all of the calculations and formulas until later...

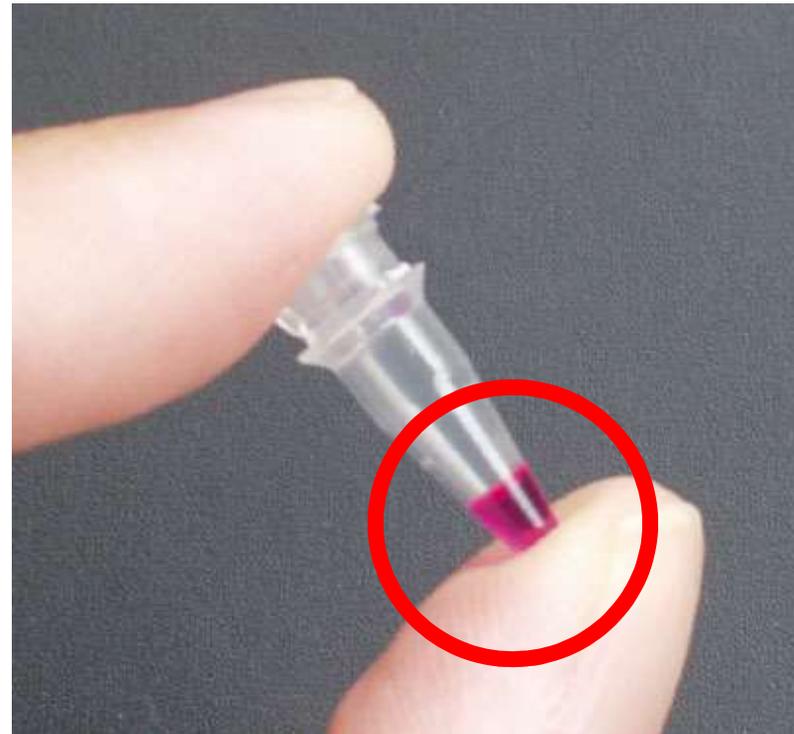
Most importantly, we'll start by imagining the PCR itself, and only then will we draw graphs to illustrate what's going on.

**NO GRAPHS  
(yet)**



## Imagining Real-Time PCR

To understand real-time PCR, let's imagine ourselves in a PCR reaction tube at cycle number 25...



## Imagining Real-Time PCR



**What's in our tube, at cycle number 25?**

**A soup of nucleotides, primers, template, amplicons, enzyme, etc.**

**1,000,000 copies of the amplicon right now.**

## Imagining Real-Time PCR

### How did we get here?



**What was it like last cycle, 24?**

Almost exactly the same, except there were only 500,000 copies of the amplicon.

**And the cycle before that, 23?**

Almost the same, but only 250,000 copies of the amplicon.

**And what about cycle 22?**

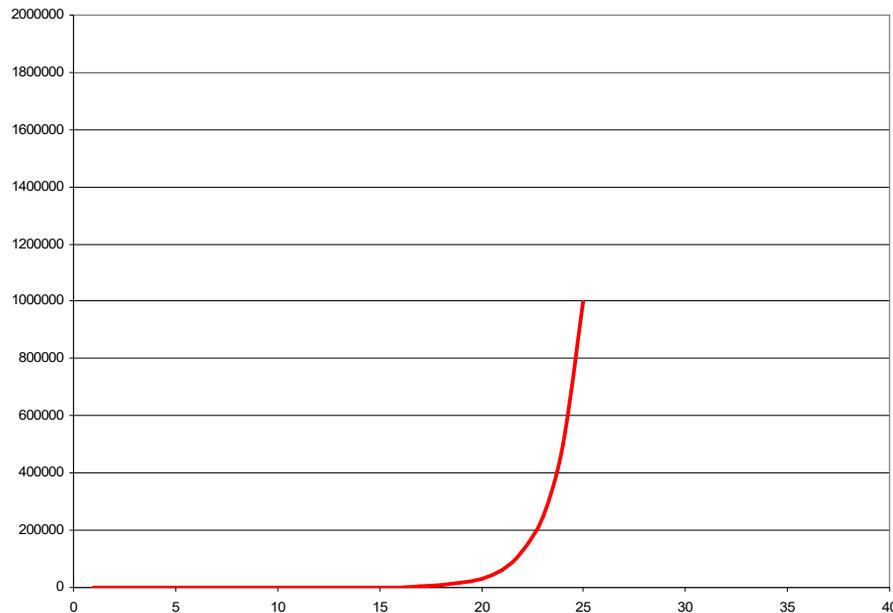
Not a whole lot different. 125,000 copies of the amplicon.

# Imagining Real-Time PCR

## How did we get here?



If we were to graph the amount of DNA in our tube, from the start until right now, at cycle 25, the graph would look like this:



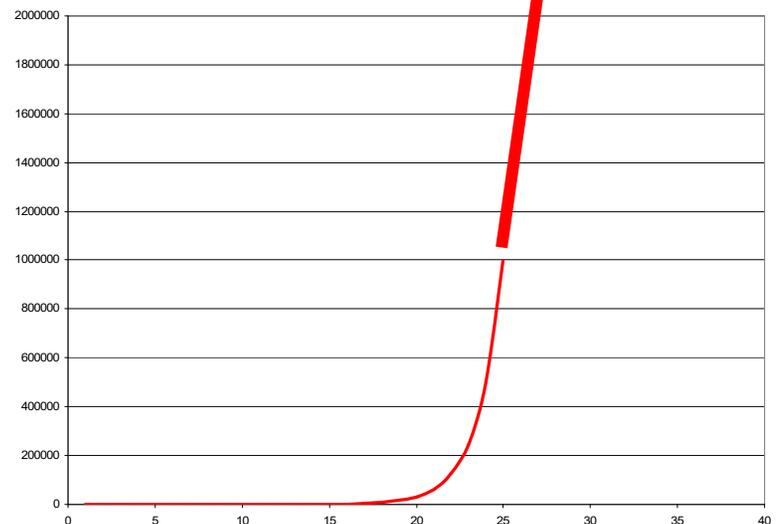
# Imagining Real-Time PCR

## How did we get here?



So, right now we're at cycle 25 in a soup with 1,000,000 copies of the target.

What's it going to be like after the next cycle, in cycle 26?





## Imagining Real-Time PCR

**So where  
are we  
going?**



**A clump of DNA the size of ten billion planets won't quite fit in our PCR tube anymore.**

**Realistically, as the chain reaction progresses, it gets exponentially harder to find primers, and nucleotides. And the polymerase is wearing out.**

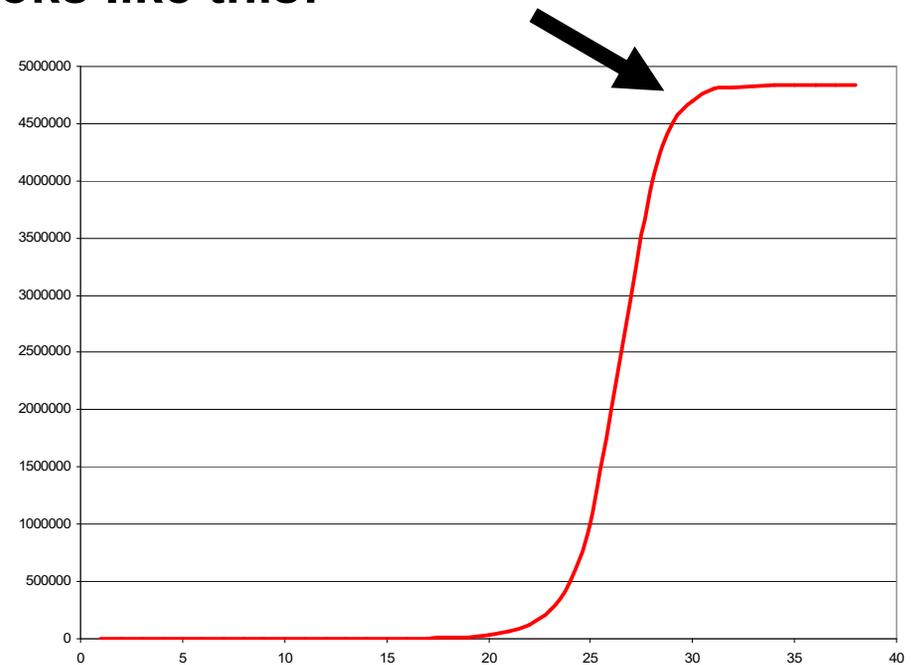
**So exponential growth does not go on forever!**

# Imagining Real-Time PCR

So where  
are we  
going?



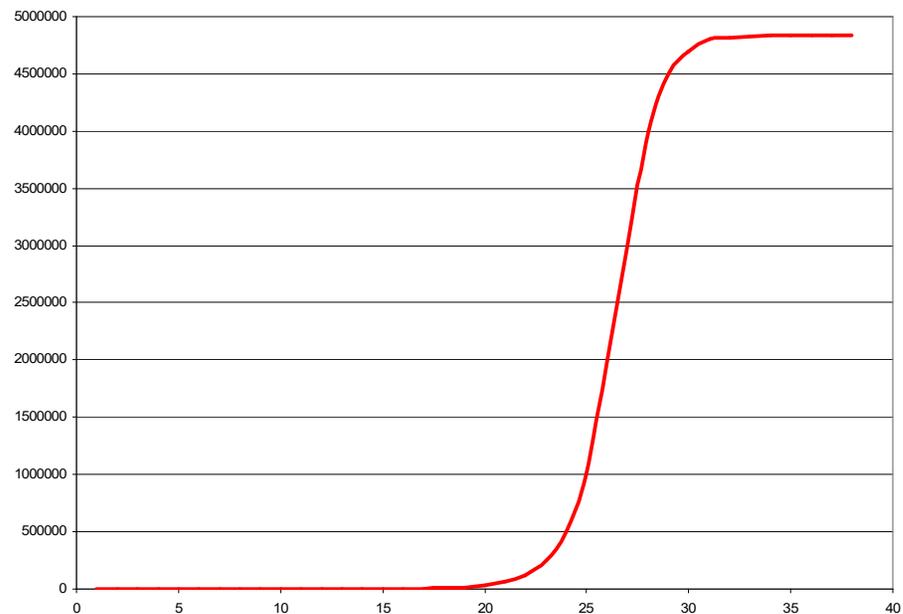
If we plot the amount of DNA in our tube going forward from cycle 25, we see that it actually looks like this:



# Imagining Real-Time PCR

# Measuring Quantities

How can all this be used to measure DNA quantities??

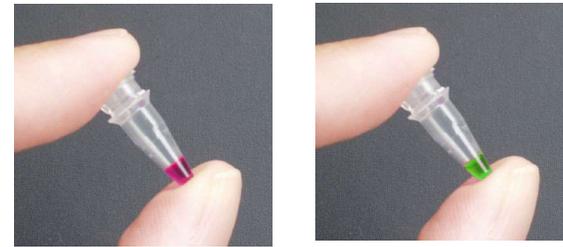


# Imagining Real-Time PCR

# Measuring Quantities

Let's imagine that you start with four times as much DNA as I do...picture our two tubes at cycle 25 and work backwards a few cycles.

Cycle 25 →



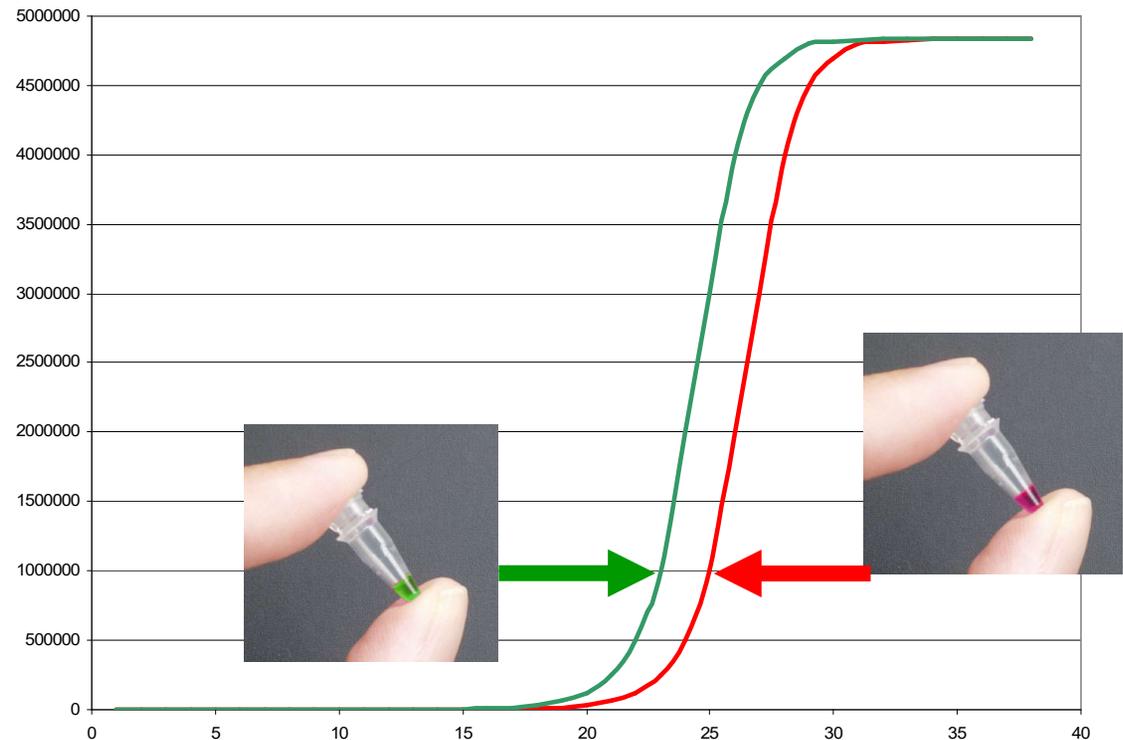
Cycle	Me	You
23	250,000	1,000,000
24	500,000	2,000,000
25	1,000,000	4,000,000



## Imagining Real-Time PCR

## Measuring Quantities

So, if YOU started with FOUR times as much DNA template as I did...  
...Then you'd reach 1,000,000 copies exactly TWO cycles earlier than I would!

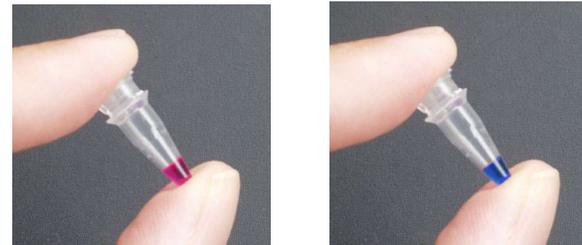


# Imagining Real-Time PCR

# Measuring Quantities

What if YOU started with EIGHT times LESS DNA template than I did?

Cycle 25 →



Cycle	Me	You
25	1,000,000	125,000
26	2,000,000	250,000
27	4,000,000	500,000
28	8,000,000	1,000,000

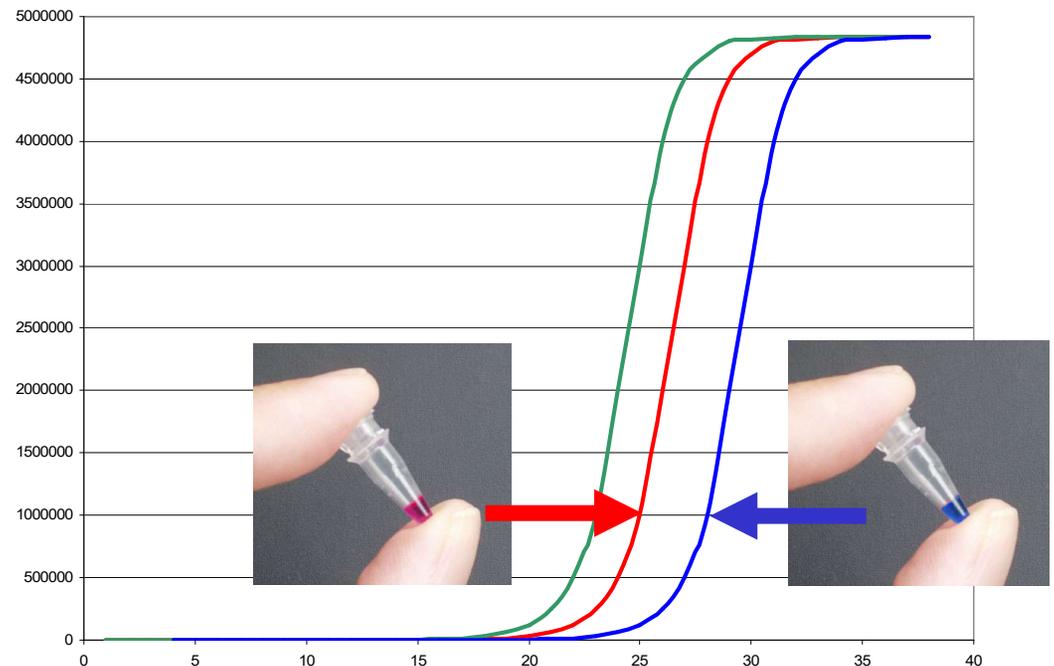
# Imagining Real-Time PCR

# Measuring Quantities

What if YOU started with EIGHT times LESS DNA template than I did?

You'd only have 125,000 copies right now at cycle 25...

And you'd reach 1,000,000 copies exactly THREE cycles later than I would!



# Imagining Real-Time PCR

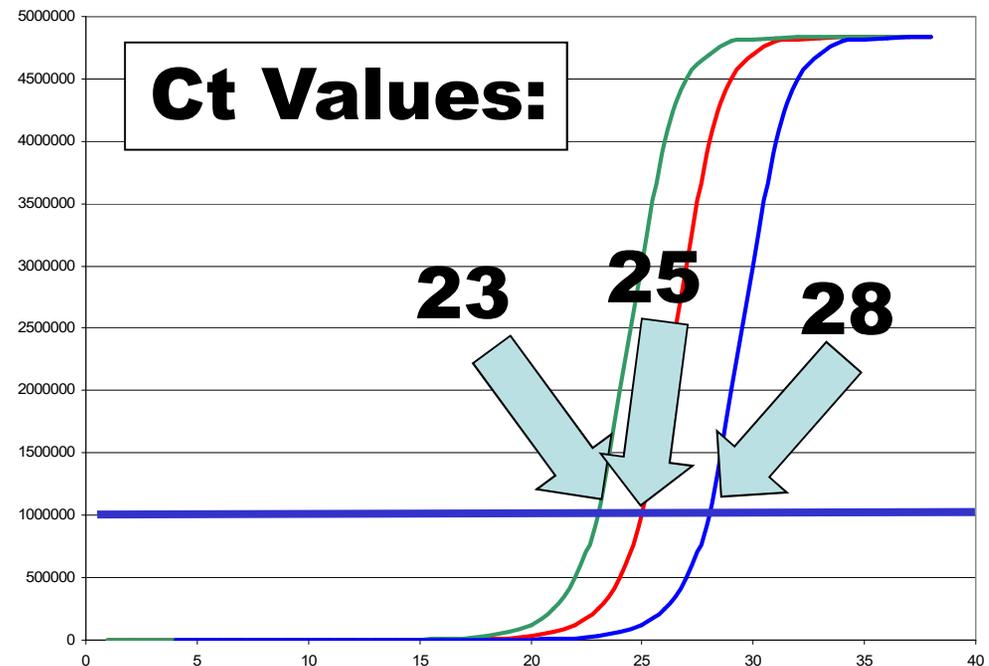
# Measuring Quantities

We describe the position of the lines with a value that represents the cycle number where the trace crosses an arbitrary threshold.

This is called the “Ct Value”.

Ct values are directly related to the starting quantity of DNA, by way of the formula:

$$\text{Quantity} = 2^{\text{Ct}}$$



# Imagining Real-Time PCR

# Measuring Quantities

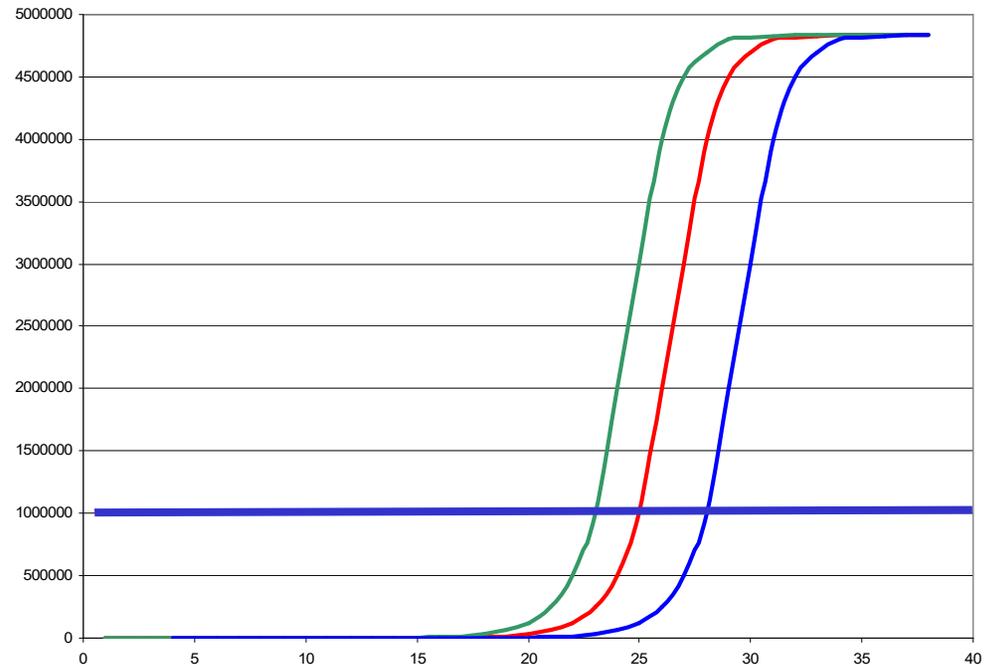
Let's recap...



**4 units  
Ct=23**

**1 unit  
Ct=25**

**1/8 unit  
Ct=28**

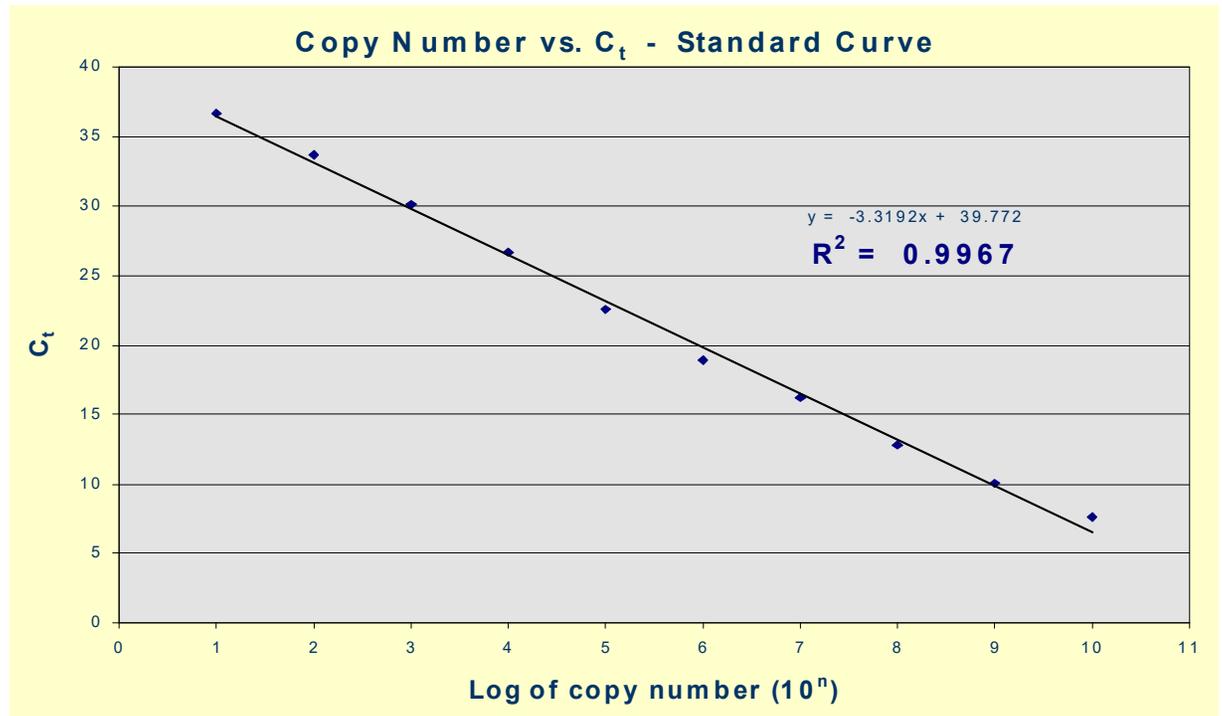


## Imagining Real-Time PCR

## Measuring Quantities

There's a DIRECT relationship between the starting amount of DNA, and the cycle number that you'll reach an arbitrary number of DNA copies (Ct value).

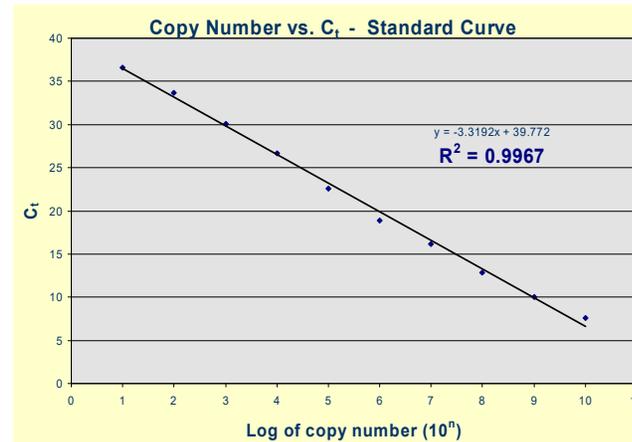
DNA amount  $\approx 2^{\text{Cycle Number}}$



## Imagining Real-Time PCR

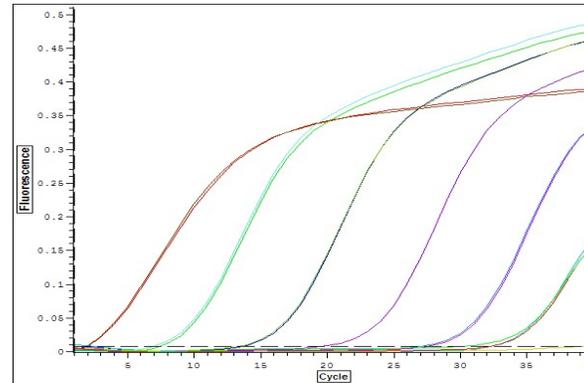
## Measuring Quantities

### How sensitive is Real-Time PCR?



Ultimately, even a single copy can be measured! In reality, typically about 100 copies is around the minimum amount.

One hundred copies of a 200-bp gene is equivalent to just twenty attograms ( $2 \times 10^{-17}$  g) of DNA!



### Part 3:

How do we actually measure DNA?

## **How do We Measure DNA in a PCR Reaction?**

**We use reagents that fluoresce in the presence of amplified DNA!**

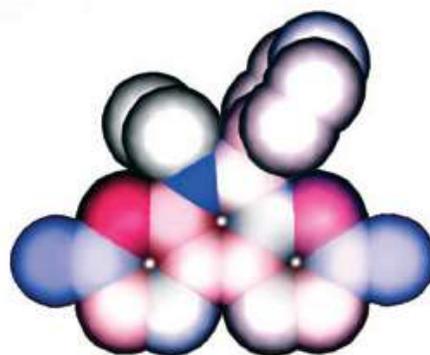
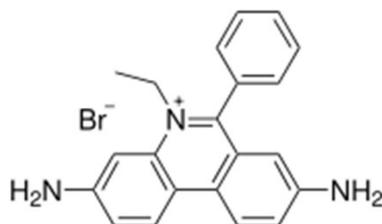
**Ethidium bromide and SYBR Green I dye are two such reagents.**

**They bind to double-stranded DNA and emit light when illuminated with a specific wavelength.**

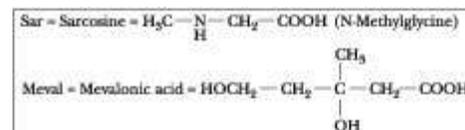
**SYBR Green I dye fluoresces much more brightly than ethidium.**

# Measuring DNA: Ethidium Bromide

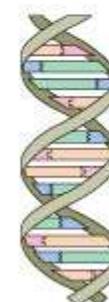
## Ethidium Bromide



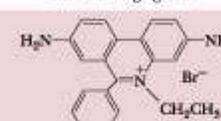
[http://www.bioorganic-chemistry.com/ethidium\\_electronic\\_text.pdf](http://www.bioorganic-chemistry.com/ethidium_electronic_text.pdf)



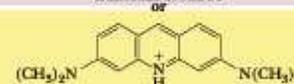
B-DNA before intercalation



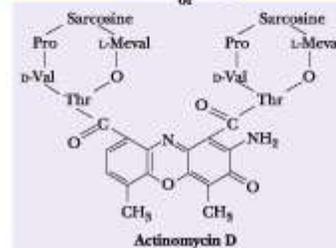
Intercalating agents



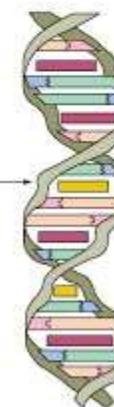
Ethidium bromide  
or



Acridine orange  
or



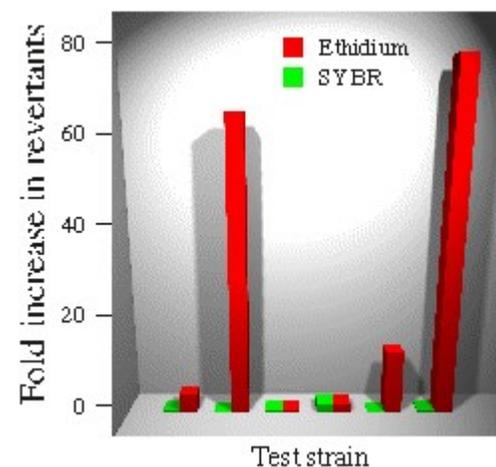
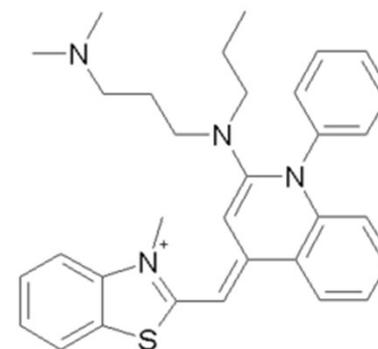
B-DNA after intercalation



<http://www.web.virginia.edu/Heidi/chapter12/chp12.htm>

# Measuring DNA: SYBR Green I

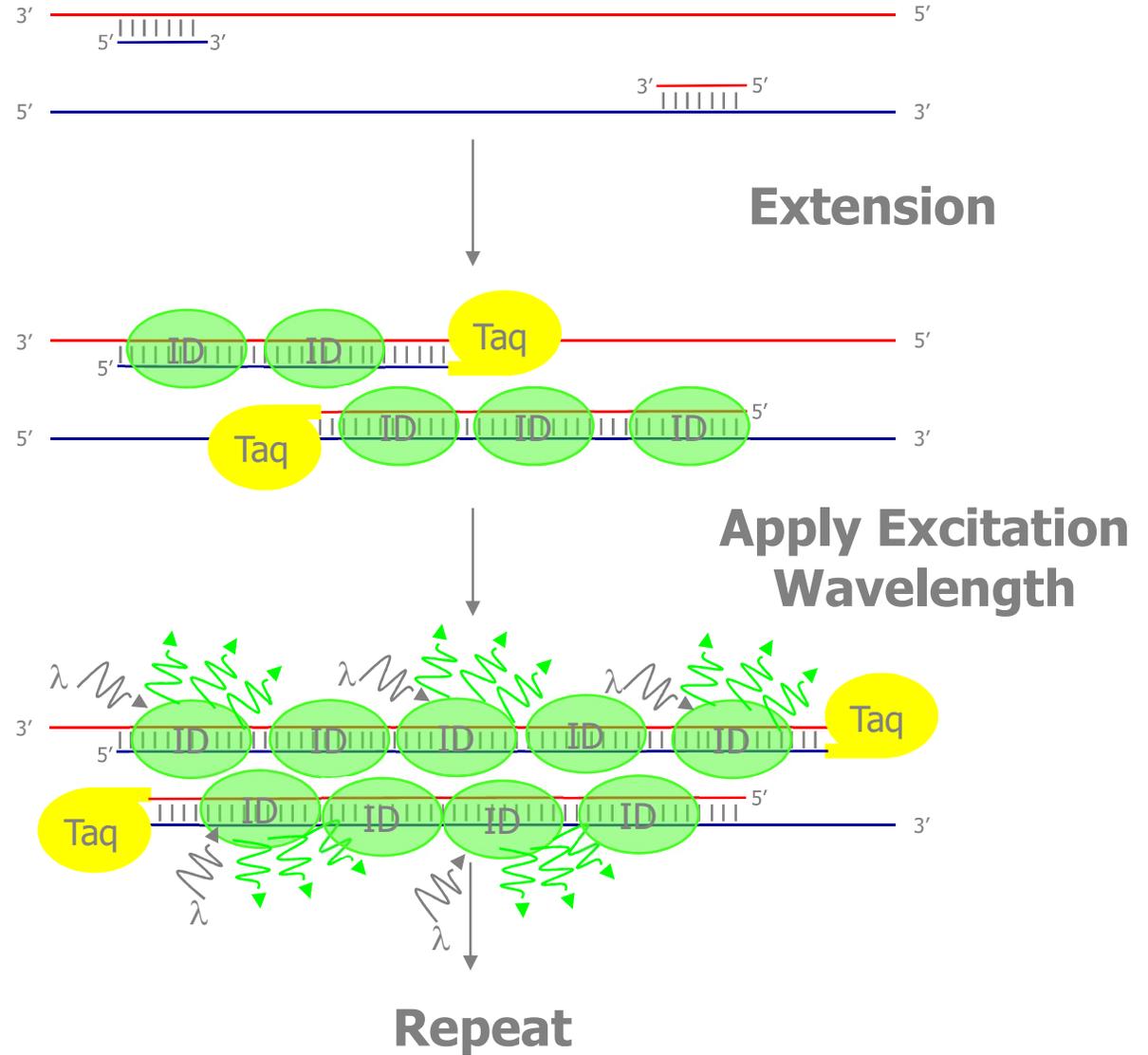
## SYBR Green I



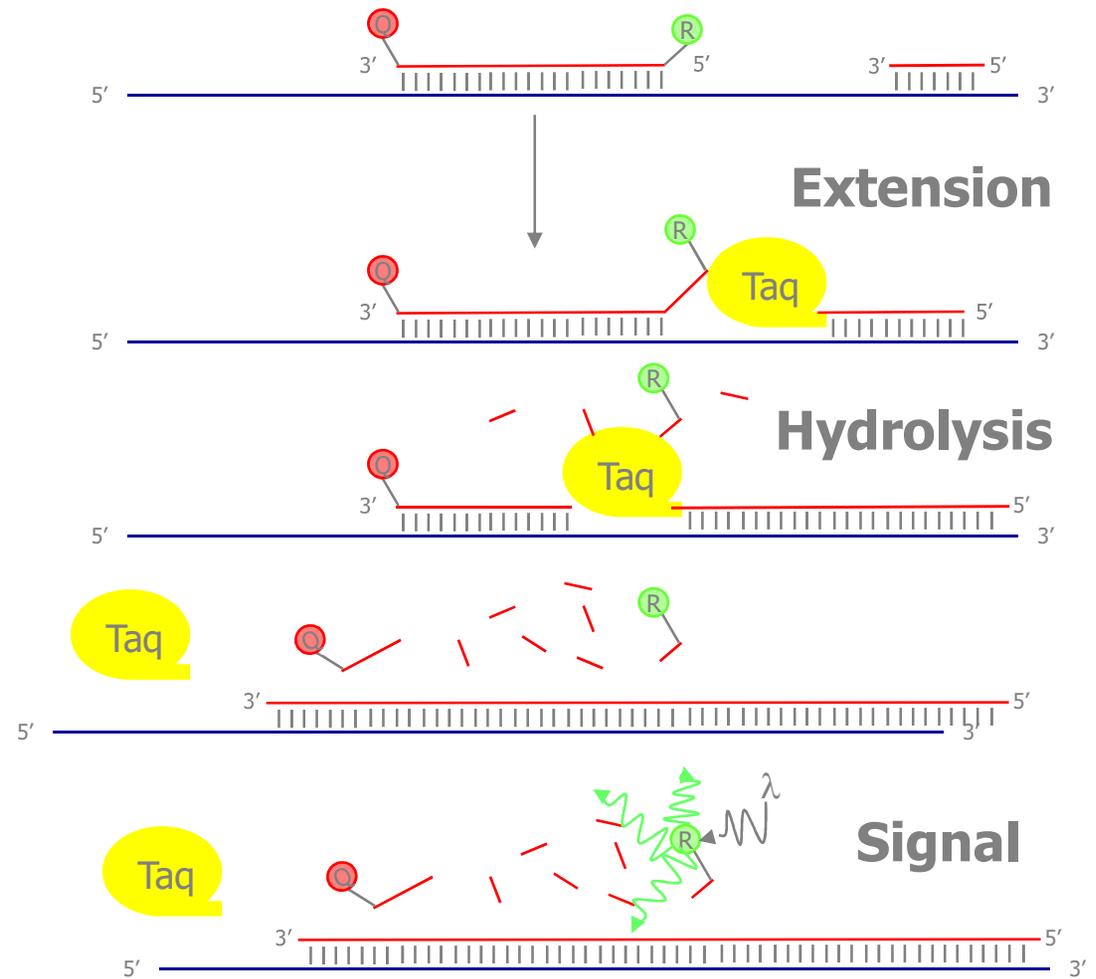
Ames test results from Molecular Probes  
Singer et al., Mutat. Res. 1999, 439: 37- 47

# Fluorescent Dyes in PCR

## Intercalating Dyes



# Fluorescent Dyes in PCR Probes



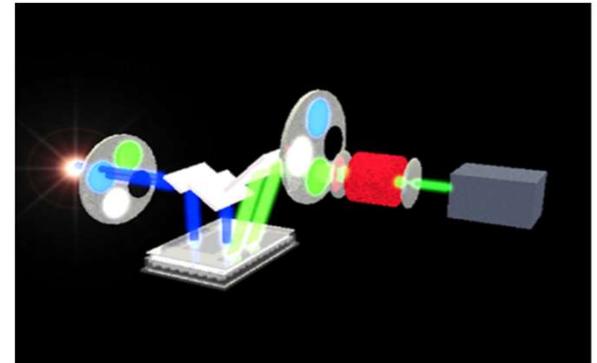
## **What Type of Instruments are used with Real-Time PCR?**

Real-time PCR instruments consist of **THREE** main components:

- 1. Thermal Cycler (PCR machine)**
- 2. Optical Module (to detect fluorescence in the tubes during the run)**
- 3. Computer (to translate the fluorescence data into meaningful results)**

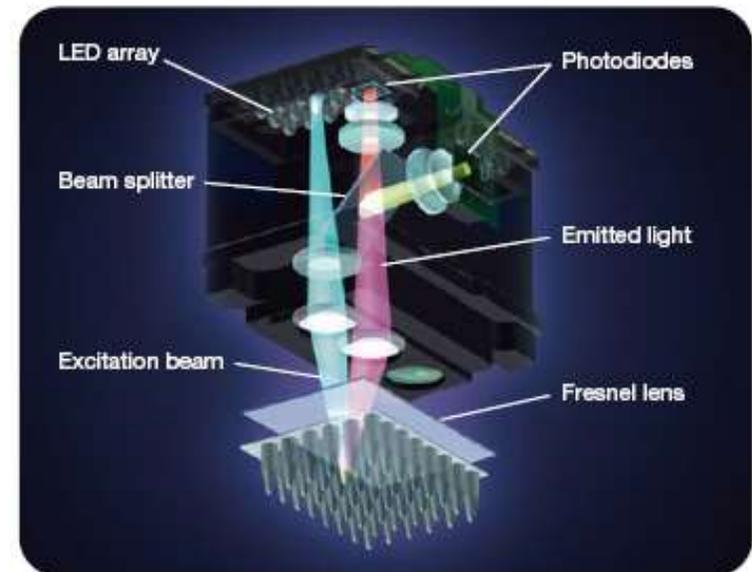
## What Type of Instruments are used with Real-Time PCR?

An example of such an instrument is the Bio-Rad iQ5 real-time PCR instrument.



## What Type of Instruments are used with Real-Time PCR?

Another example is the MiniOpticon real-time instrument.



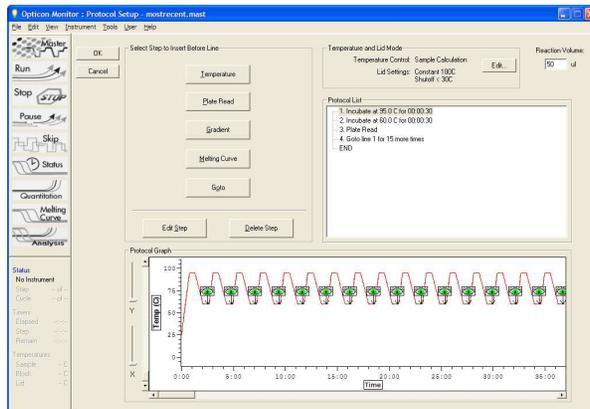
# What Type of Software is used with Real-Time PCR?

The real-time software converts the fluorescent signals in each well to meaningful data.

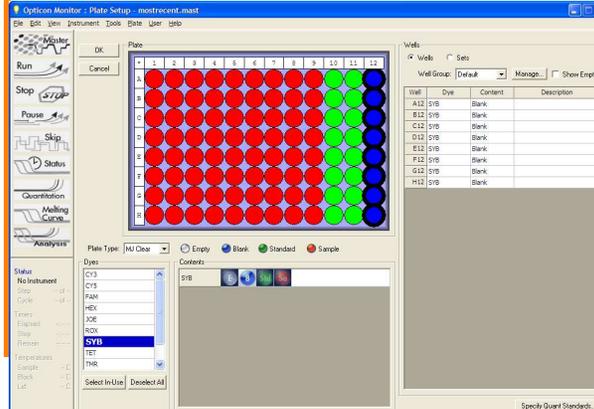
1. Set up PCR protocol.
2. Set up plate layout.
3. Collect data.
4. Analyze data.



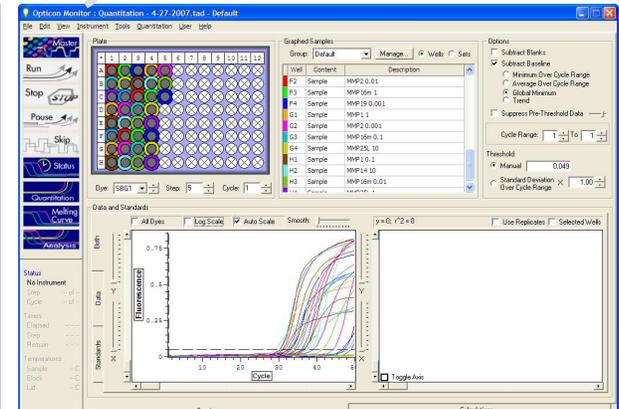
1

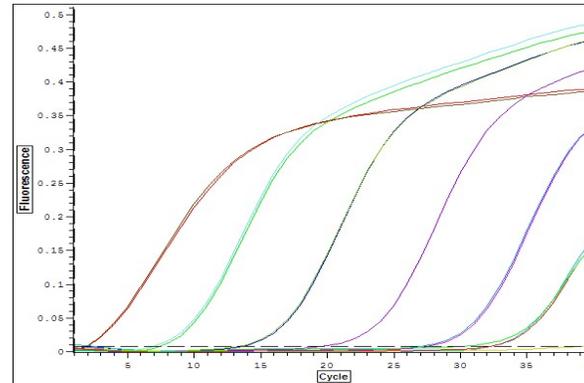


2



3,4





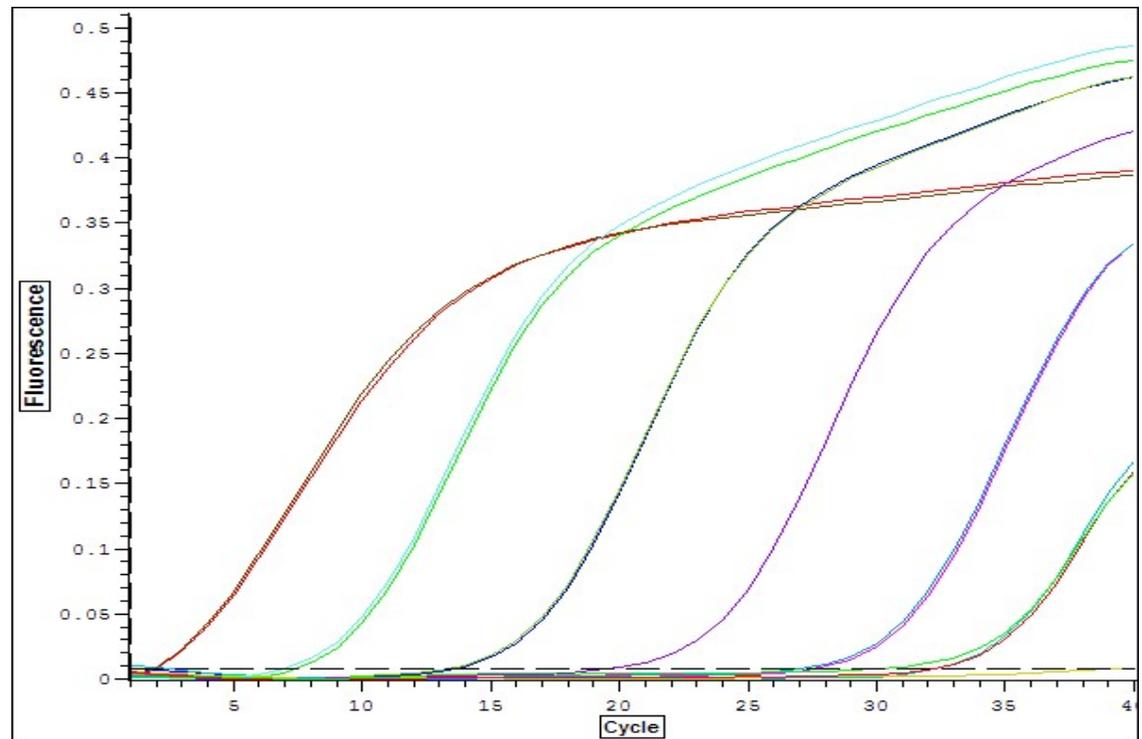
Part 4:

What does real-time data look like?

## Real-Time PCR

## Actual Data

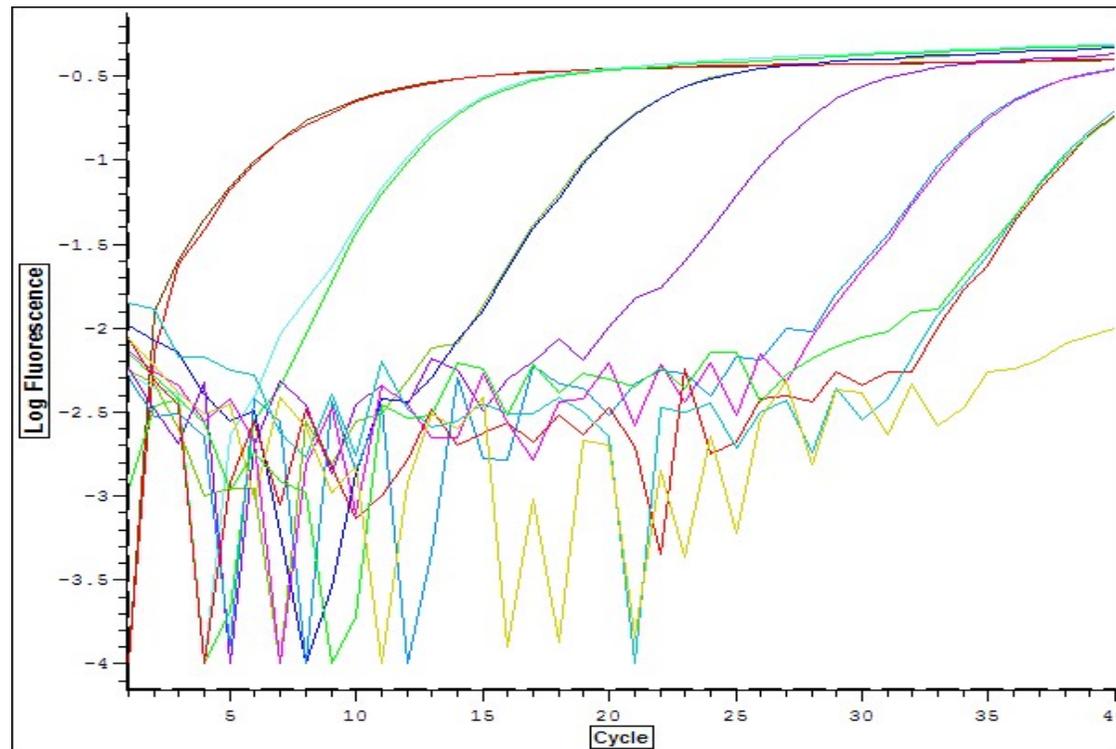
- **This is some actual data from a recent real-time PCR run.**
- **Data like this can easily be generated by preparing a dilution series of DNA.**



## Real-Time PCR

## Actual Data

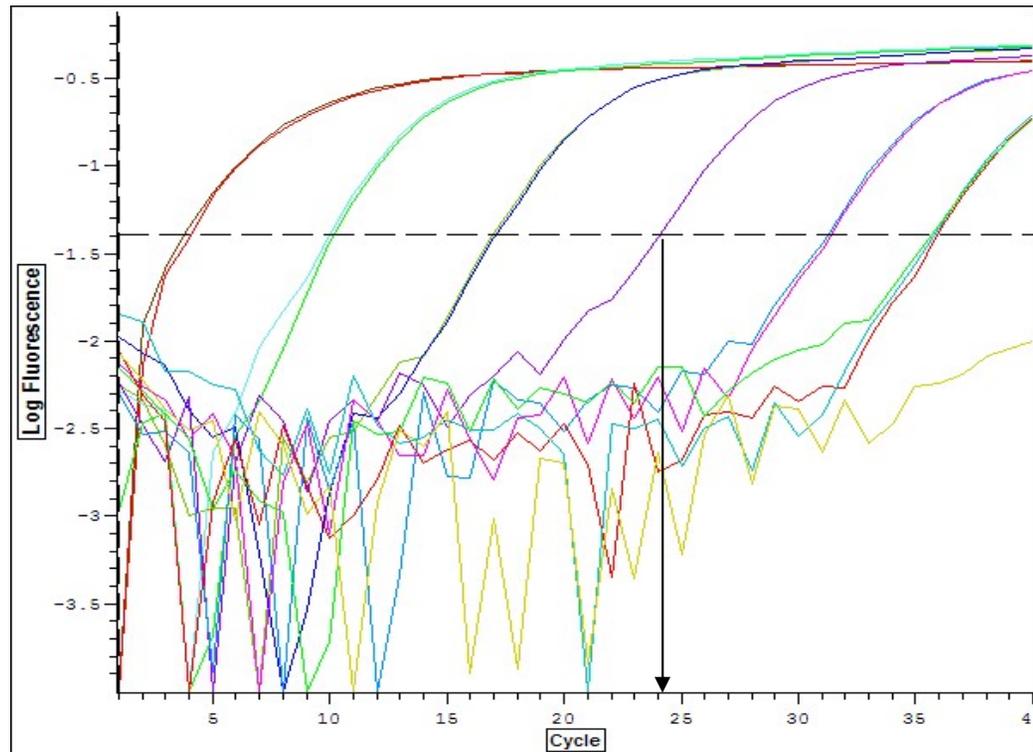
- The same data set in log view



## Real-Time PCR

## Setting Thresholds

- **Once threshold is set, Ct values can be calculated automatically by software.**

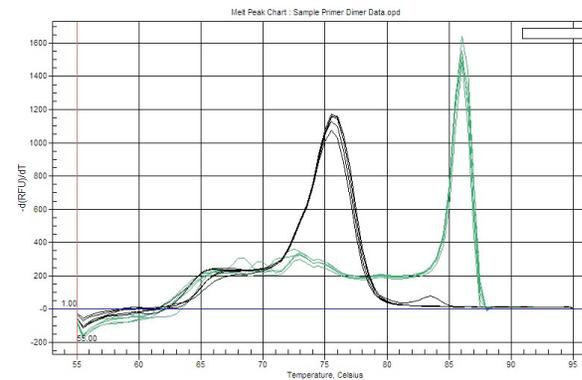
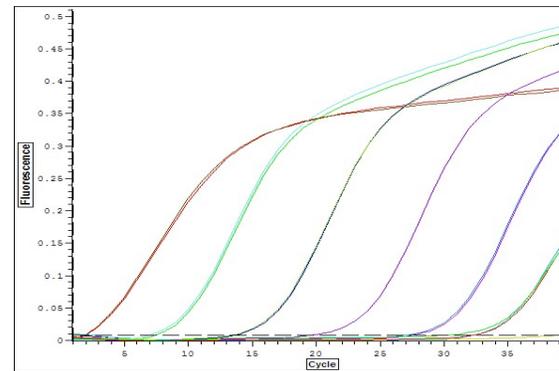


- **Ct values can then be used to calculate quantities of template DNA.**

## Real-Time PCR

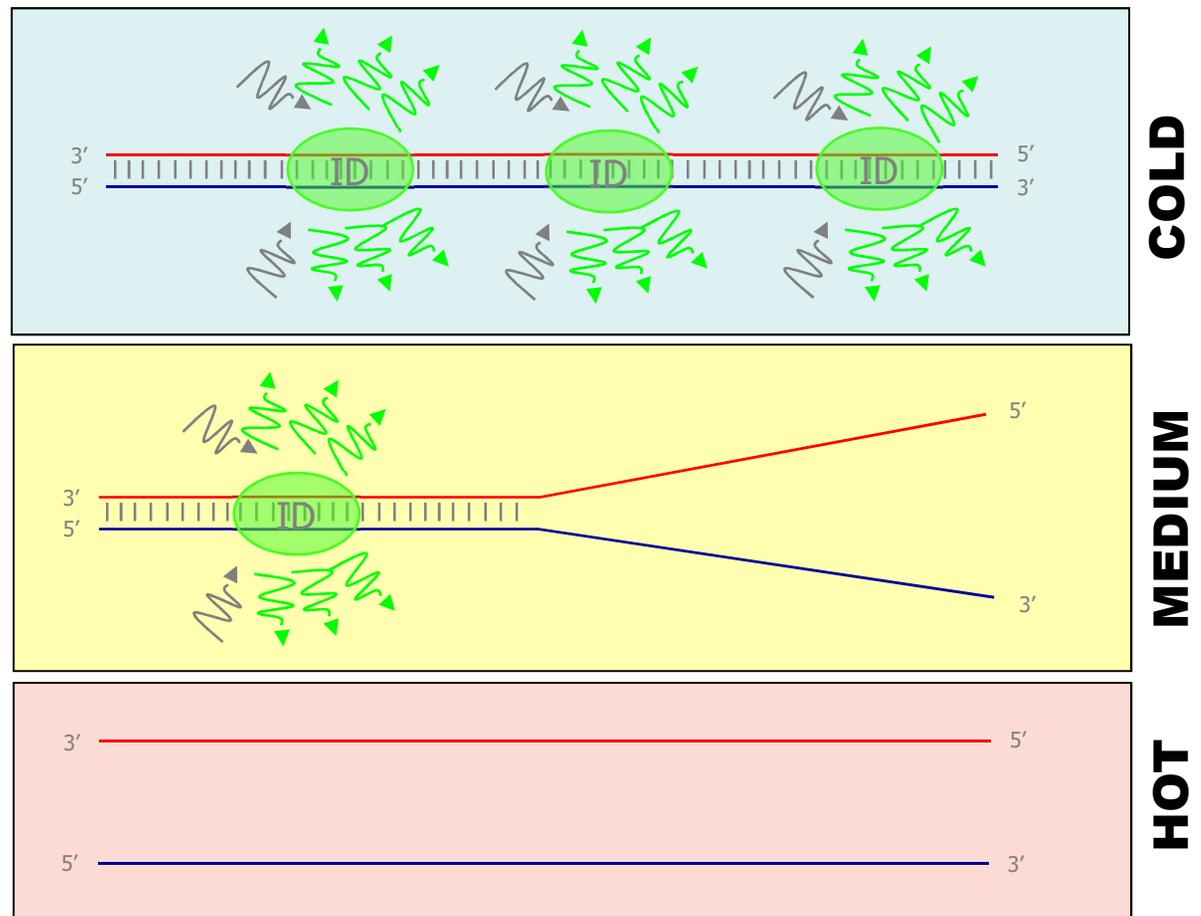
## Actual Data

- The fluorescence data collected during PCR tells us “how much” ... but there is another type of analysis we can do that tells us “what”!



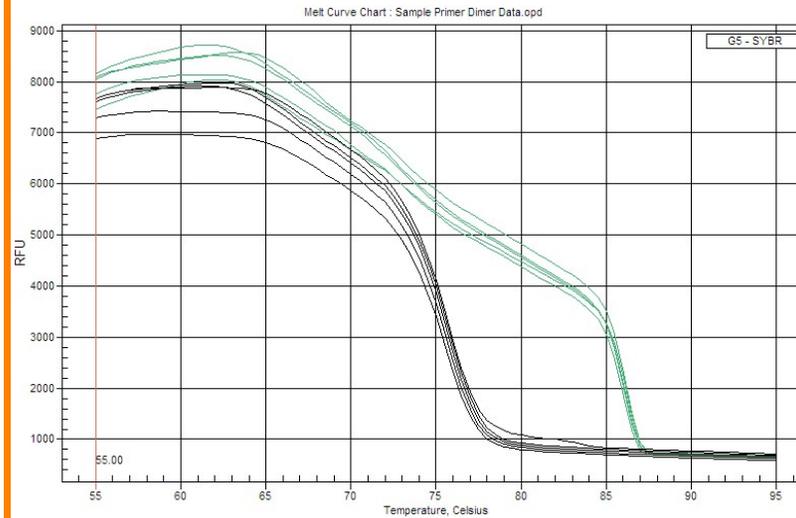
## Real-Time PCR – the Concept of MELT CURVES...

- Melt curves can tell us what products are in a reaction.
- Based on the principle that as DNA melts (becomes single stranded), intercalating dyes will no longer bind and fluoresce.

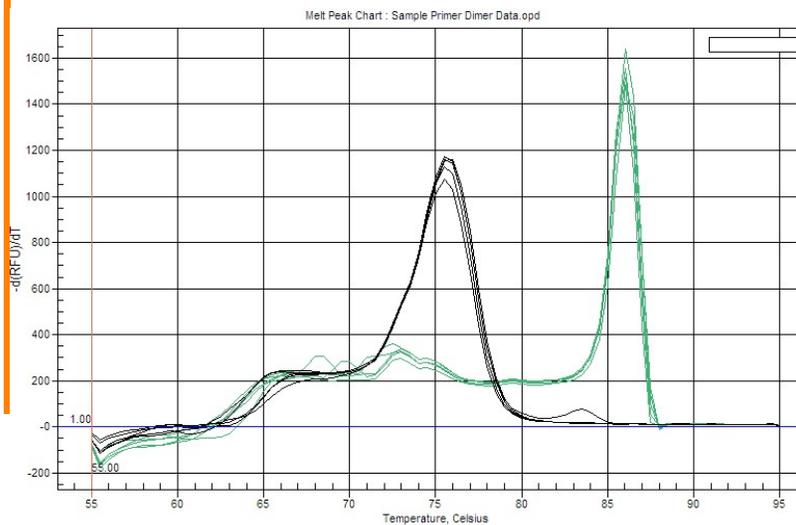


# Real-Time PCR – the Concept of MELT CURVES...

- Melt curves can tell us what products are in a reaction.



RFU vs T

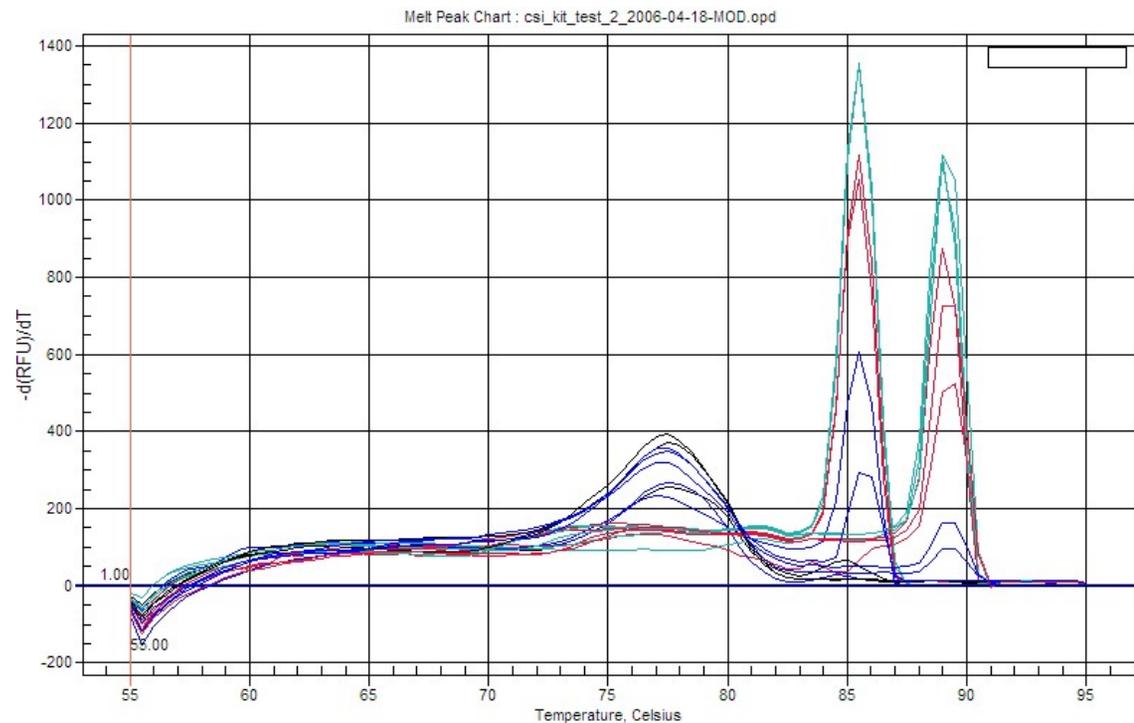


$dRFU/dT$

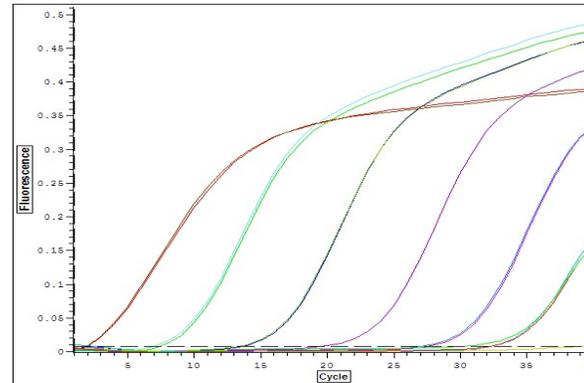
## Real-Time PCR

## The Concept of MELT CURVES

- **Different amplicons will have different melt peaks.**
- **Primer-Dimers will have a very different melt peak.**



Color key: Green=100X, Red=10000X, Blue=1000000X, Black=NTC.



## Part 5:

How can we use the Crime Scene Investigator kit to demonstrate real-time PCR?

# Crime Scene Investigator PCR Basics Kit

## An Overview



## TYPICAL WORKFLOW

- Introduction to DNA profiling
- Set up PCR reactions
- Electrophorese PCR products
- Analysis and interpretation of results

## Target audience

- **The Crime Scene Investigator PCR Basics™ Kit is intended to be an introduction to the polymerase chain reaction (PCR)**
- **Students will have a much better appreciation of the kit if they have some understanding of DNA structure and function**

## **What is DNA profiling?**

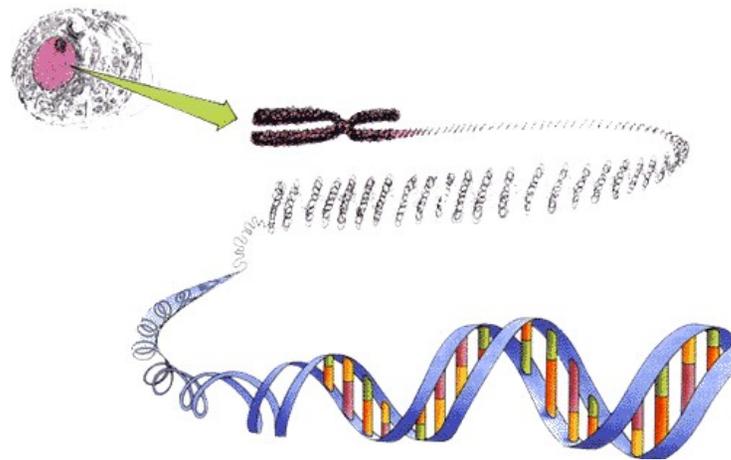
**DNA profiling is the use of molecular genetic methods to determine the exact genotype of a DNA sample in a way the results can basically distinguish one human being from another**

**The unique genotype of each sample is called a DNA profile.**

**Since humans are 99.9% identical where do crime scene investigators look for differences in DNA profiles?**

**Crime Scene Investigators search in areas of the genome that are unique from individual to individual and are “anonymous” (control no known trait or function)**

**The areas examined are Short Tandem Repeats or STR's**



**STR region**

## Example of an STR

The TH01 locus contains repeats of TCAT.

CCC TCAT TCAT TCAT TCAT TCAT TCAT AAA

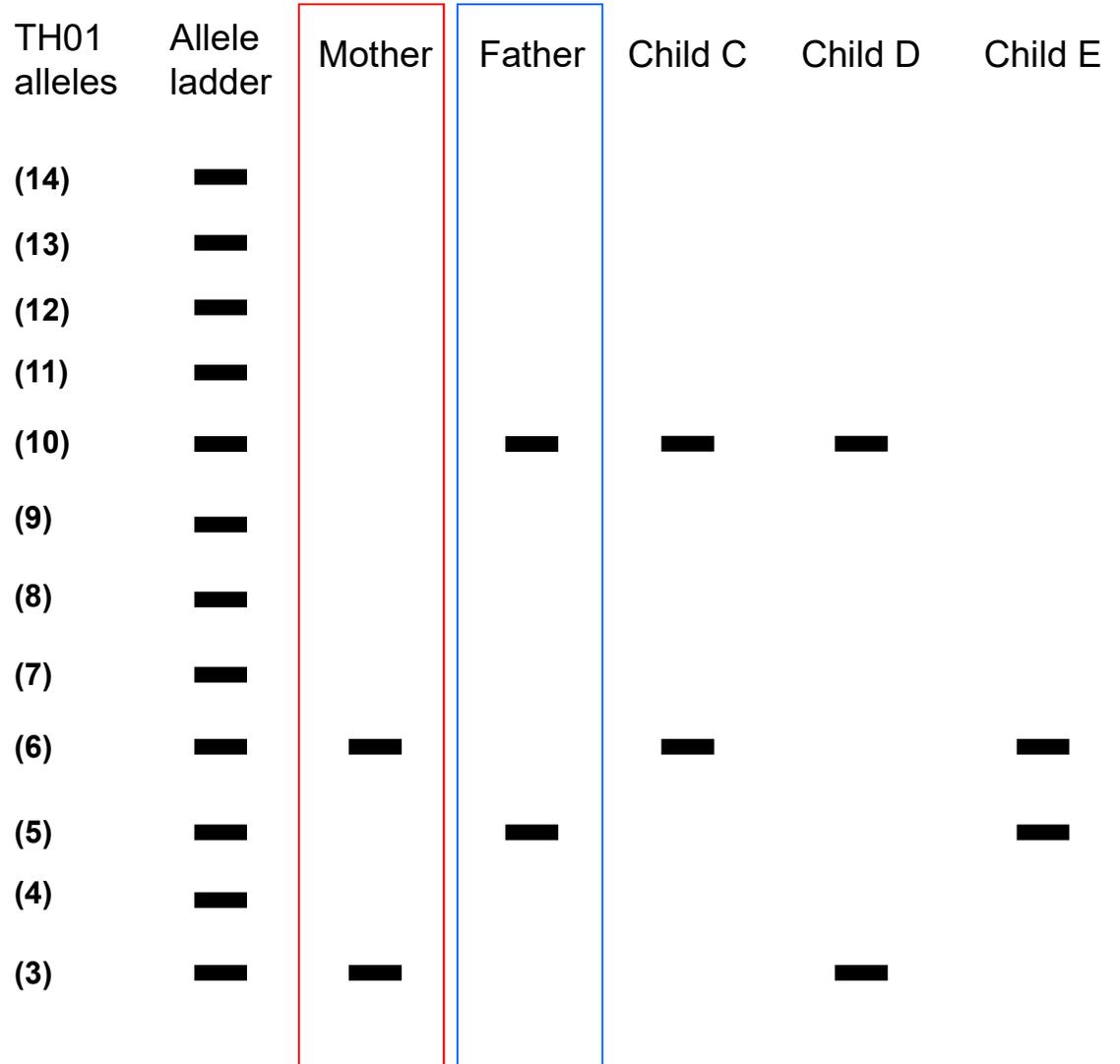
This example has 6 TCAT repeats.

There are more than 20 known TH01 alleles.

Each individual inherits 1 allele from each parent.



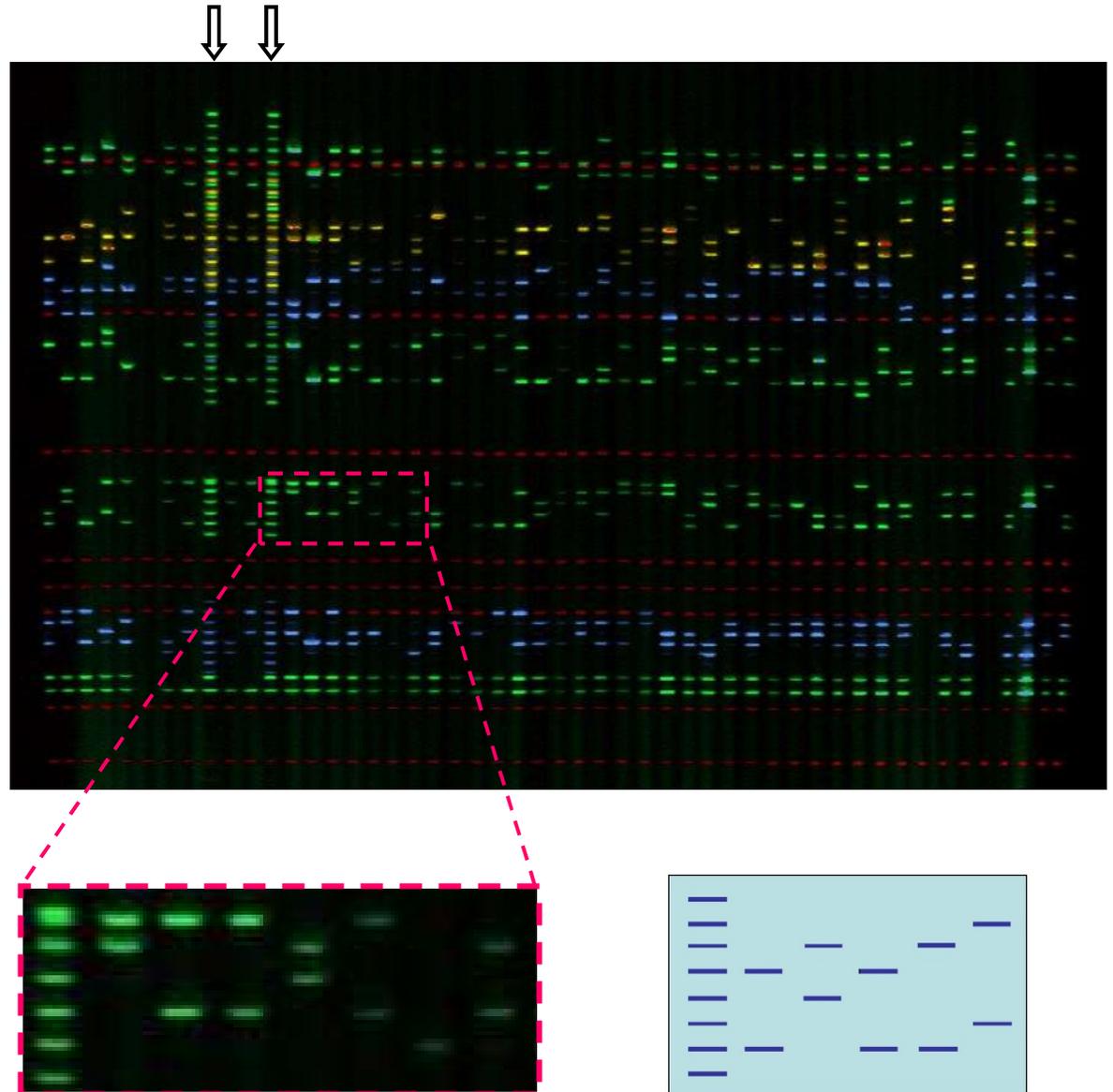
**To visualize  
PCR products  
Crime Scene  
investigators  
use gel  
electrophoresis**



## Real STR analysis

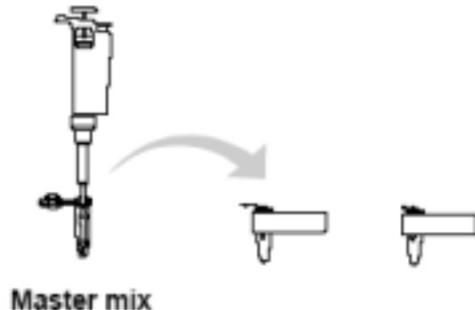
Four different fluorescent tags have been used to identify 7 amplified loci

Allele ladders are indicated by arrows



## How the Crime Scene Kit works:

## Set up PCR reactions

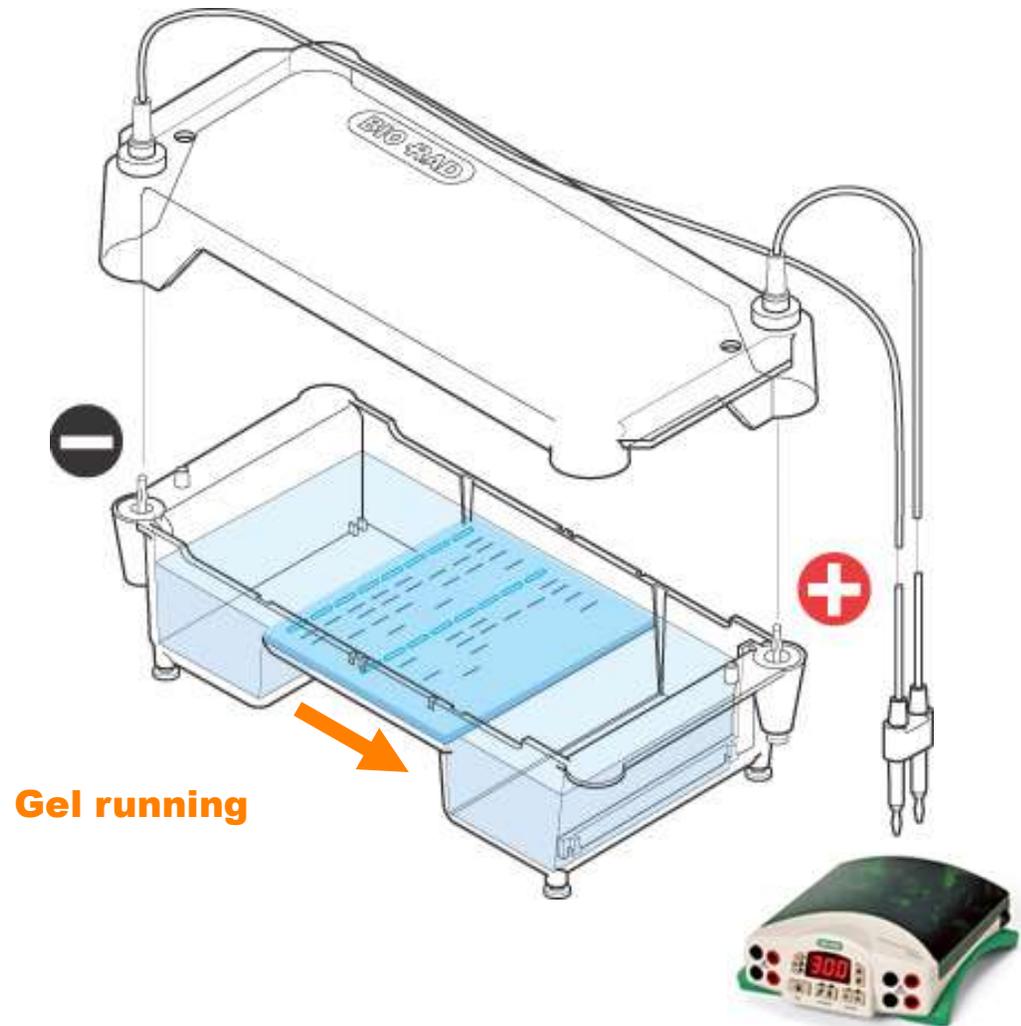


1. Find the PCR tubes at your station. Label them 'CS' for **C**rime **S**cene DNA, 'A' for Suspect **A** DNA, 'B' for Suspect **B** DNA, 'C' for Suspect **C** DNA, and 'D' for Suspect **D** DNA.
2. Keeping the tubes on ice, add 20  $\mu$ l of Master Mix + blue primers to each tube.
3. Keeping the tubes on ice, add 20  $\mu$ l of each DNA to the appropriately labeled tube.
4. **USE A FRESH TIP EACH TIME!**
5. Mix and put in thermal cycler
6. Cycle ~3 hours

## Agarose Electrophoresis Running

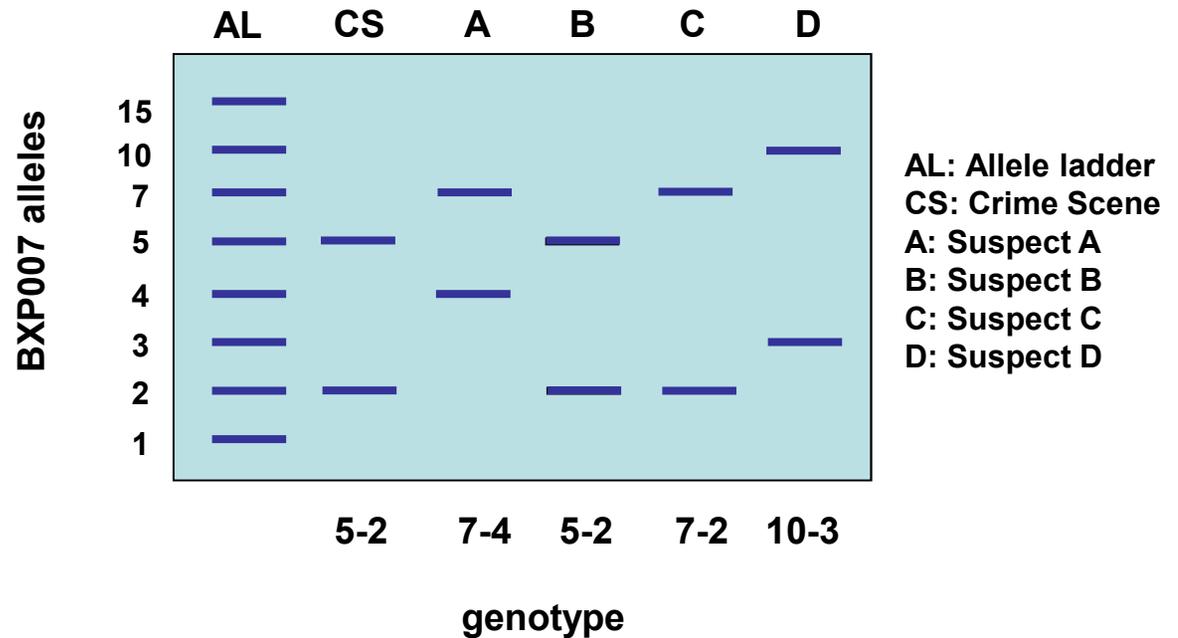
**Agarose gel sieves  
DNA fragments  
according to size**  
– Small fragments  
move farther than  
large fragments

Use a 3% gel to  
separate small  
fragment sizes



## Analysis of Results:

## Who can't be excluded?



## Core Content (Crime Scene Kit)

### Life Science Core Content Covered by the Crime Scene Investigator PCR Basics Kit

#### Environmental and Health Science

- Population genetics
- Genetic screening and genetic databases
- Role, place, limits, and possibilities of science and technology

#### Heredity and Molecular Biology

- Mendelian genetics
- Polymorphic loci and multiple alleles
- Short tandem repeats
- Genetics of noncoding DNA
- DNA profiling techniques

#### Evolutionary Biology

- Genetic diversity and individual identification
- Gene frequencies in populations
- Statistics and probabilities

#### Structure and Function of Organisms

- Cell structure
- Structure of the human genome
- Genetics of introns or "noncoding" DNA

#### Chemistry of Life

- Chemical properties of cell components
- DNA extraction techniques
- DNA replication and PCR
- Gel electrophoresis of DNA

#### Scientific Inquiry

- DNA profiling via PCR and gel electrophoresis
- Use of experimental controls
- Interpretation of experimental results
- Use of scientific evidence in court

## **Crime Scene Investigator Kit**

**So how can we use the Crime Scene Kit to perform real-time PCR???**

**Two options...**

# Crime Scene Investigator PCR Basics Kit in REAL-TIME!

## Option 1

- Introduction to DNA profiling
- Set up PCR reactions **on a real-time PCR instrument, using real-time reagents**
- Electrophorese PCR products
- Analysis and interpretation of results

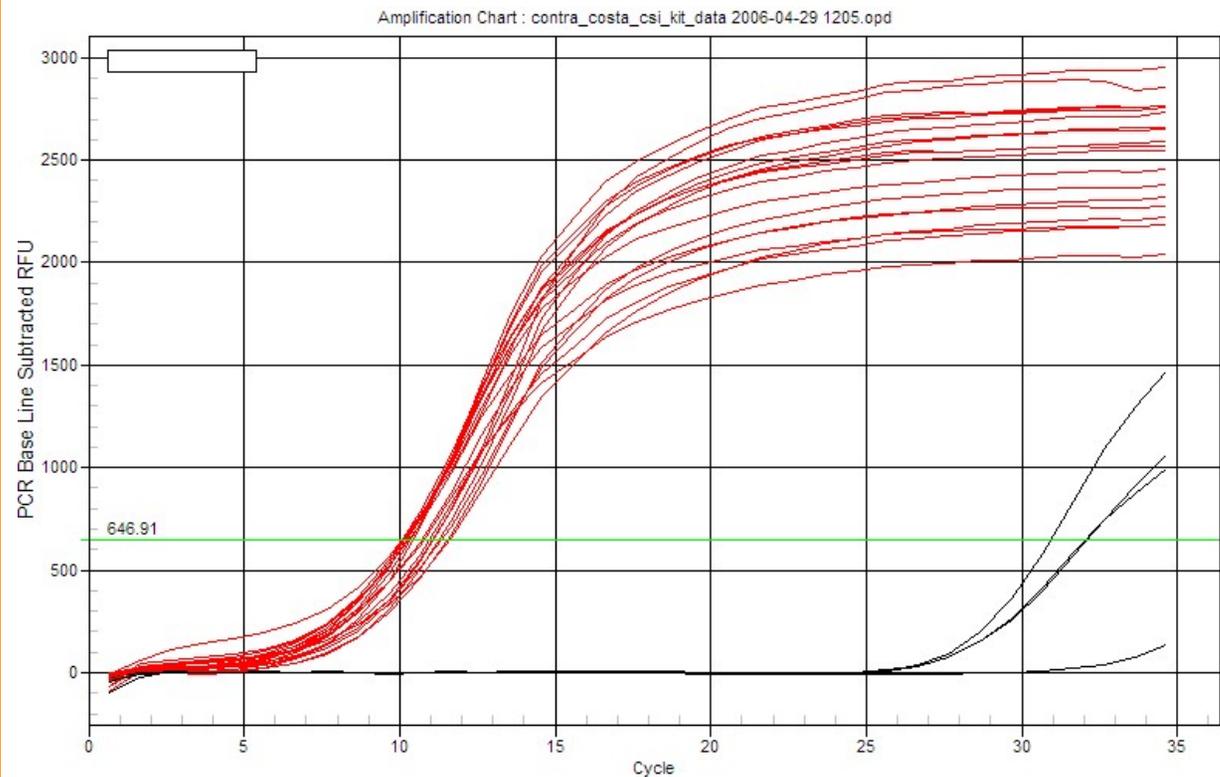
**Simply add this step**



# Crime Scene Investigator PCR Basics Kit in REAL-TIME!

## Option 1

- View the Crime Scene PCR reactions as they occur in real-time!

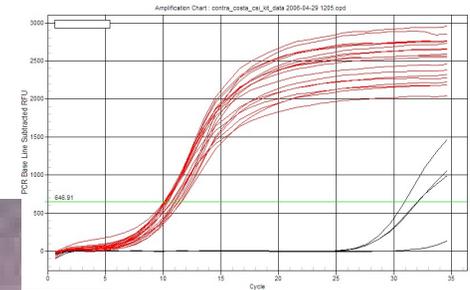
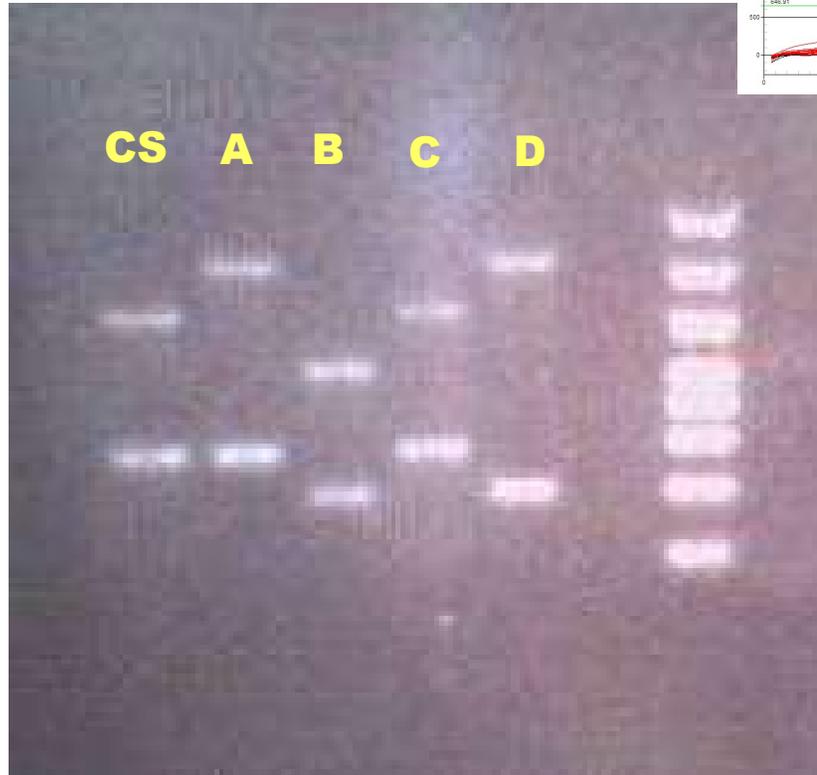


*Contra Costa College, May 2006*

# Crime Scene Investigator PCR Basics Kit in REAL-TIME!

## Option 1

- View the Crime Scene PCR reactions as they occur in real-time!



# Crime Scene Investigator PCR Basics Kit in REAL-TIME!

## Option 2

- Introduction to DNA profiling
- Set up PCR reactions
- Electrophorese PCR products
- Analysis and interpretation of results

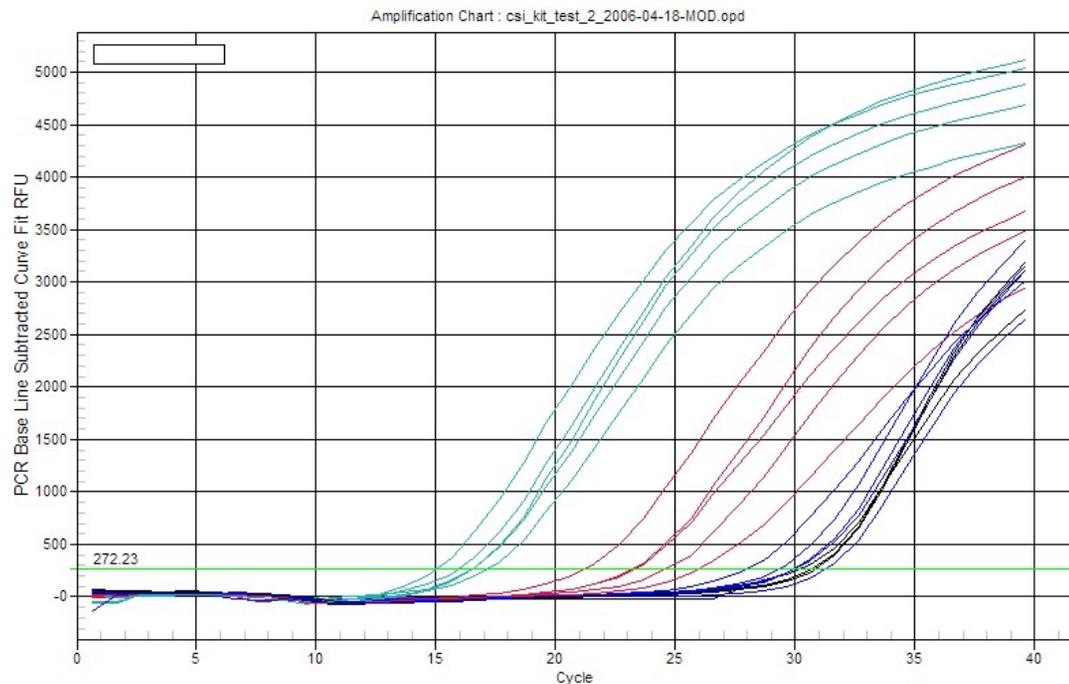
**Entirely new protocol.**

**Use the kit components for a complete Real-Time PCR demonstration...**

# Crime Scene Investigator PCR Basics Kit in REAL-TIME!

## Option 2

- Use the **Crime Scene PCR kit** as a source for reliable target DNA and primers.
- Use a **modified protocol**:
  - Dilute Crime Scene DNA provided with the kit 100, 10000, 1000000 fold.
  - Run reactions with iQ SYBR Green Supermix on a real-time PCR instrument.

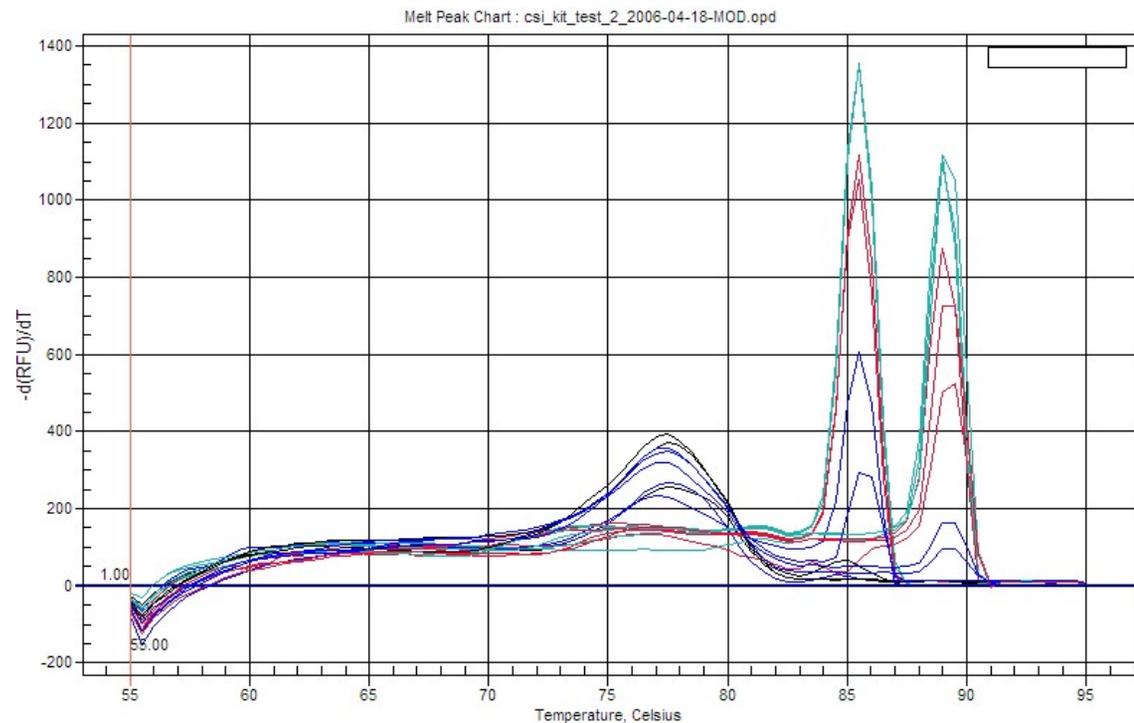


Color key: Green=100X, Red=10000X, Blue=1000000X, Black=NTC.

# Crime Scene Investigator PCR Basics Kit in REAL-TIME!

## Option 2

- Use the Crime Scene PCR kit as a source for reliable target DNA and primers.
- If different DNA samples are used, interesting melt curves result because of the different amplicons in the kit:

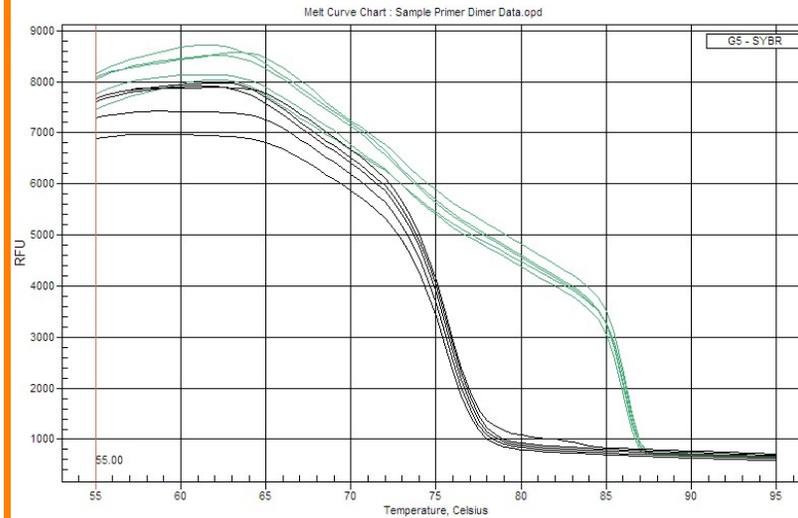


Color key: Green=100X, Red=10000X, Blue=1000000X, Black=NTC.

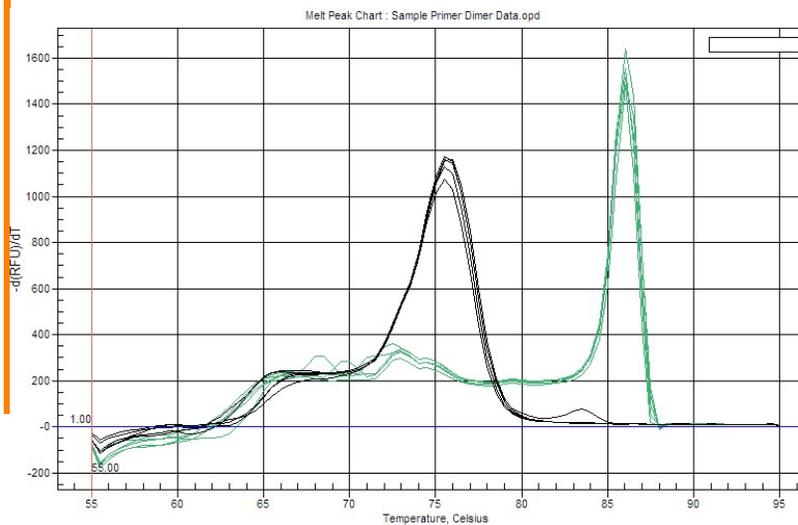
# Crime Scene Investigator PCR Basics Kit in REAL-TIME!

## Option 2

### • SIDEBAR: Melt Curve Theory



RFU vs T



$dRFU/dT$

# Crime Scene Investigator PCR Basics Kit in REAL-TIME!

## Option 2

- **Learning Points**

- Viewing PCR reactions as they occur in real-time
  - Exciting!
- Using real-time PCR to quantify DNA
  - Basis of gene expression analysis, disease diagnosis, etc.
- Measuring pipetting variation
  - Run samples in duplicate for an easy test of reproducibility
- Importance of experimental controls
  - No template control and positive controls
- Melt curve analysis
  - Tie concepts of the basic structure of DNA with visible evidence that two strands can anneal and melt.

## Crime Scene Investigator Kit in Real-Time !

- **To run either of the two options, ONLY two additional items are needed!**

- **iQ SYBR Green Supermix**



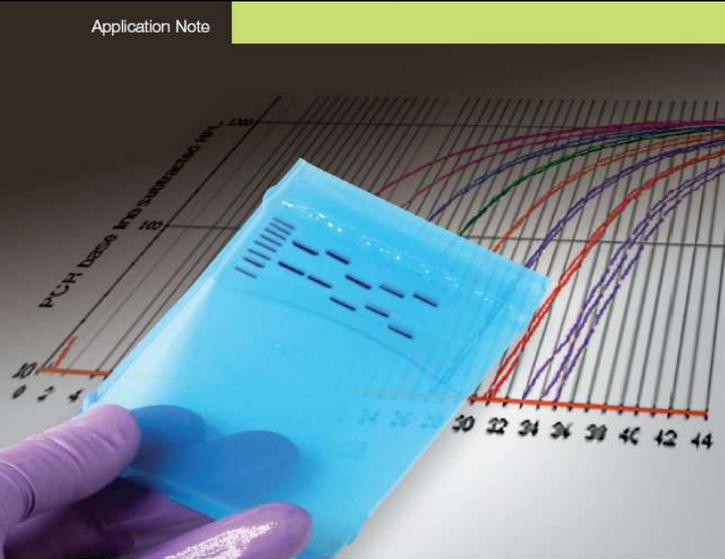
iQ SYBR Green supermix

- **A real-time PCR instrument**



- **Two Applications Notes are available:**

Application Note



**Biotechnology Explorer<sup>™</sup>  
Crime Scene Investigator<sup>™</sup>  
PCR Basics<sup>™</sup> Kit:**  
A Real-Time PCR Extension

BIO-RAD

Application Note

## Today's Experiment: An Overview

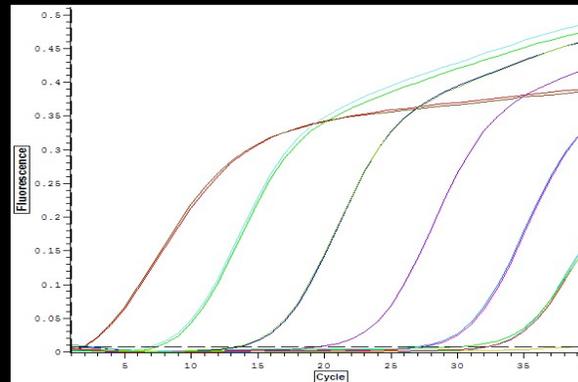
- **Today we'll use the DNA in the Crime Scene Kit to make some dilutions for our real-time experiment!**
- **Each workgroup will prepare four real-time PCR reactions:**
  - Unknown DNA (replicate 1)
  - Unknown DNA (replicate 2)
  - Unknown DNA diluted 1:100 (replicate 1)
  - Unknown DNA diluted 1:100 (replicate 2)
- **Each workgroup will have DNA from the Crime Scene kit that has been diluted 1:10, 1:100, 1:1000, 1:10000, or undiluted.**
- **If all goes well, you'll be able to tell from the Ct values:**
  - Which unknown DNA you started with,
  - How accurate your pipetting is,
  - Whether your mini-dilution series demonstrates high-efficiency PCR.

## Today's Experiment: Step-By-Step

- **Step 1:**
  - Make your DNA dilutions (screw-cap tubes).
  - Dilute your “unknown” DNA 1:100
  - 1 ul of your DNA into 99 ul of water.
- **Step 2:**
  - Prepare your PCR tubes.
  - Add 20 ul of the spiked SYBR Green Supermix (contains 0.2 ul of Crime Scene Primers) to your four PCR tubes.
- **Step 3:**
  - Complete your PCR reactions.
  - Add 20 ul of your DNA samples to each PCR tube.
    - Two tubes undiluted, two tubes 1:100.
  - Mix gently, avoiding bubbles!
- **Step 4:**
  - Place your reactions in the real-time PCR machine.

## Today's Experiment: PCR Protocol

- **Our PCR protocol will look like this:**
  - 1. 95C for 3 min (activates Taq)
  - 2. 95C for 10 sec (denatures)
  - 3. 52C for 30 sec (extend / anneal)
  - 4. Plate read (captures fluorescence data)
  - 5. Goto Step 2 for 39 more times



## Real-Time PCR

**David A. Palmer, Ph.D.**  
**Technical Support, Bio-Rad Laboratories**  
**Adjunct Professor, Contra Costa College**

## Webinars

- **Enzyme Kinetics — A Biofuels Case Study**
- **Real-Time PCR — What You Need To Know and Why You Should Teach It!**
- **Proteins — Where DNA Takes on Form and Function**
- **From plants to sequence: a six week college biology lab course**
- **From singleplex to multiplex: making the most out of your realtime experiments**

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